

MicroCurrent Frequency Generator

plus

OPERATION MANUAL



Advanced Rife Wellness Technology
Diabetes - Cancer - Pain - Chronic Fatigue - Lyme - Fibromyalgia
Impotence and Infertility • • • 550 Conditions and More

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- Results May Vary --

NOT INTENDED TO TREAT DISEASE, SUPPORT OR SUSTAIN HUMAN LIFE, OR TO PREVENT IMPAIRMENT OF HUMAN HEALTH; FOR FREQUENCY FEEDBACK DELIVERY, SELF-EDUCATION AND RESEARCH PURPOSE ONLY.

Revised March 1, 2008

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OPERATING INSTRUCTIONS FOR THE FREQUENCY GENERATOR

MODEL-G Bio-Active FREQUENCY INSTRUMENT

Congratulations and welcome to 21ST Century Technological Advancements. You are about to become one of the 21ST Century pioneers using the latest Rife Technology that is providing significant possibilities for improvements in vitality, and overall health and wellness.

This Frequency Generator instrument represents 38 years of research, and 18 years of design and developmental improvements. It is U.S. and European patented and, per specifications is European Community approved.

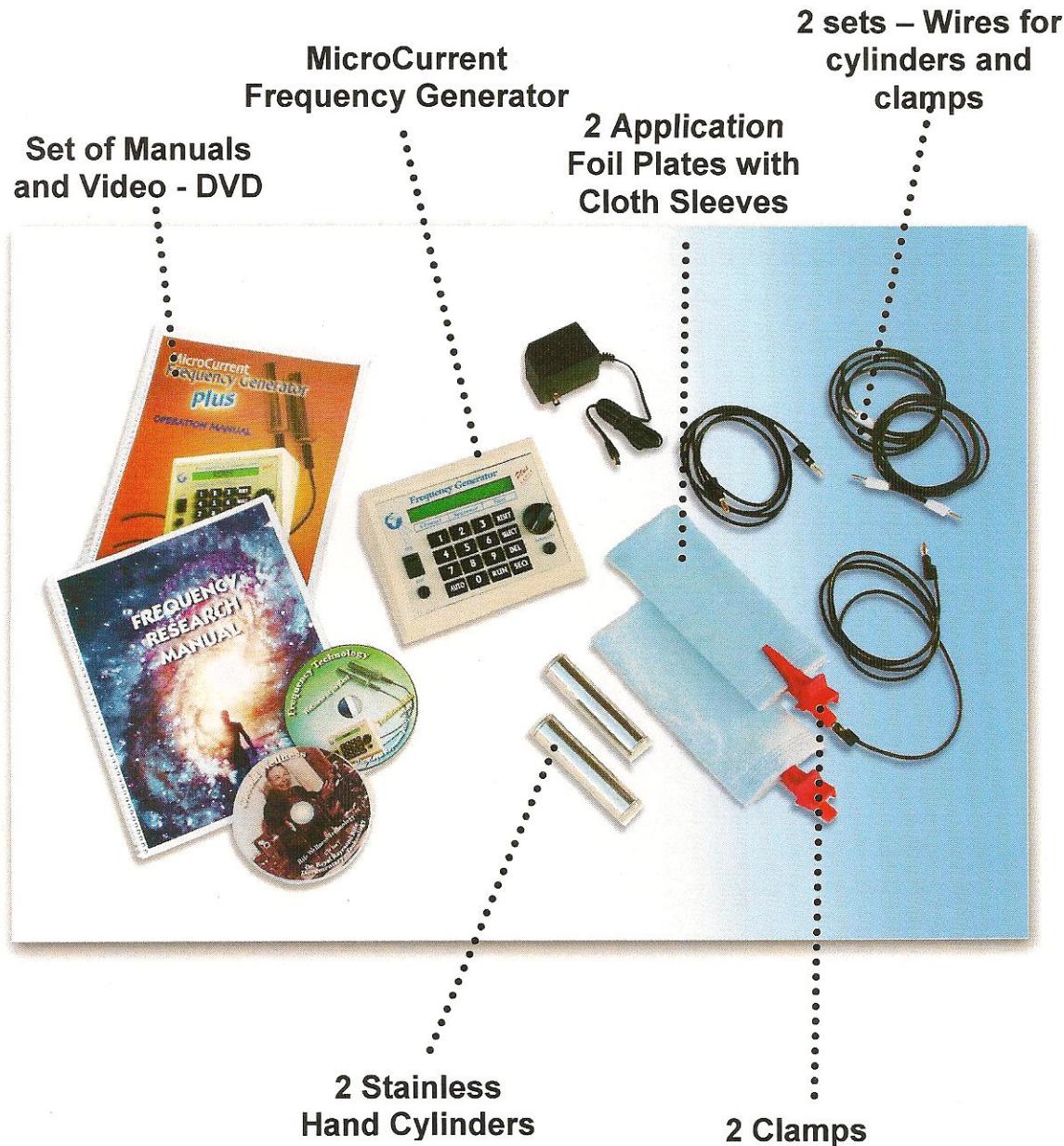


This Frequency Generator is substantially equivalent to non medical devices in use in the U.S.A. since the 1930's. Due to its low voltage it "Does not present a potential unreasonable risk of illness or injury ... " 26 USC 360

YOUR FREQUENCY GENERATOR PACKAGE

COMES COMPLETE WITH:

Optional Power Sources: a.) 9 Volt Battery Pack, b.) Auto Cigarette Lighter via Plug/Cord, c.) 9 Volt connect to Solar Panel, d.) Electrical Outlet: 9 Volt A/C Adapter connected 110 to 250 Volt Outlet



INSPECT THIS PACKAGE CAREFULLY. If you have not received all equipment as shown above, or if something has been damaged in shipment, contact us immediately.

AC ADAPTER

- PLUG THE 9 VOLT A/C ADAPTER INTO THE BACK OF THE UNIT, THEN INTO A WALL OUTLET.



VOLTAGE REQUIREMENTS

The standard AC adapter packed with your Global Wellness instrument can be used anywhere in the Western Hemisphere, i.e., Mexico, Canada, United States and Caribbean areas. Any AC adapter can be used to power your unit. Check the label to be certain any new adapter meets the following requirements:

OUTPUT: VOLTAGE output between 9 and 12 volts DC and input 50 to 70 Hz. **CURRENT:** 400 to 500 millamps, 2.1 millimeter tip has outside negative polarity.

For other countries: A universal AC/DC adapter is provided for 90 to 264 volt outlets. Plugs are country specific. Or, use any AC adapter that fits your electrical outlet, however it must match both the size of the connection on the back of the instrument (diameter 2.1 x 5.5 mm) and the voltage/current requirements as specified above.

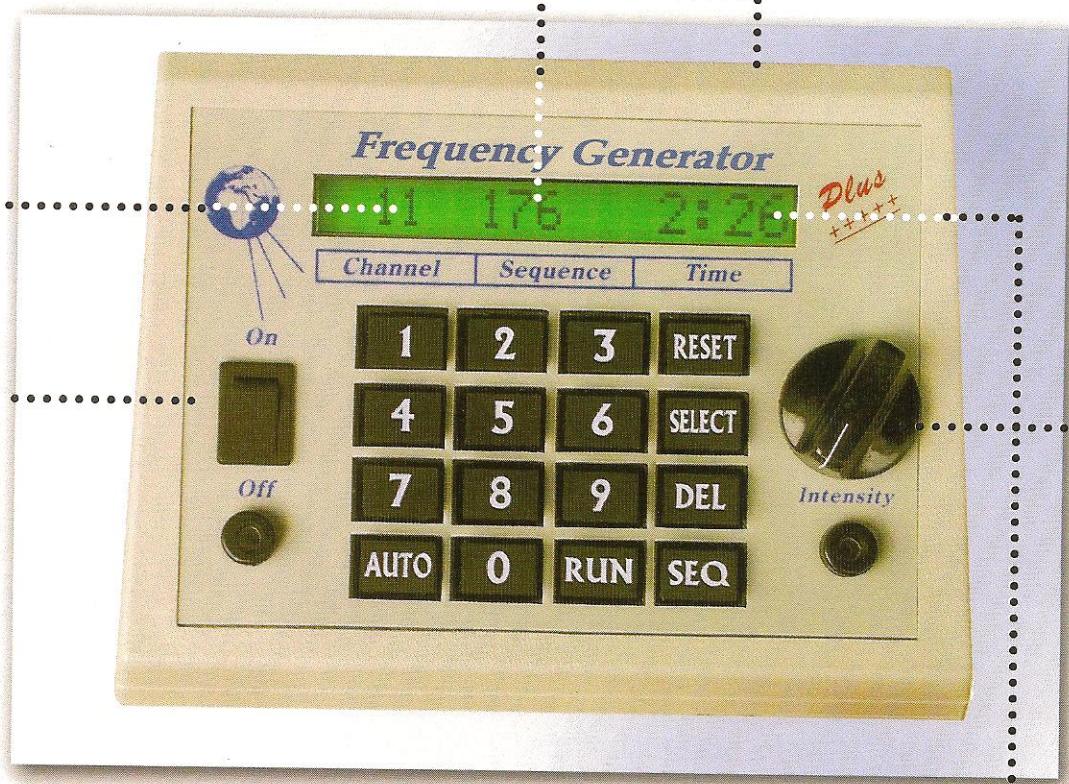
DISPLAY WINDOW

• CHANNEL displays the frequency pattern you have selected. Channels are vibrational frequencies that have been specifically modified for use with your Frequency instrument. A "Channel" corresponds to a particular frequency. For example, Channel 4 may be 1.5 Hertz, just like channel 4 on your television corresponds to a specific Hertz frequency.

• SEQUENCE displays the three-digit Auto Code you have selected. An "Auto Code" contains 3 to 31 Channels.

• ON-OFF SOUND SWITCH on the back of this unit.

INTENSITY KNOB (increase-decrease level of intensity)



ON-OFF
POWER
SWITCH

• TIME momentarily displays the total number of Channels in the Auto Sequences you have selected, i.e., 3/10 may display momentarily to indicate number 3 of 10 Channels is now beginning to run in the current Sequence.
TIME also counts down the remaining time in minutes and seconds for the frequency in use.

KEYPAD FUNCTIONS

... **RESET** resets the display for your next program.

... **DELETE** removes numbers entered by mistake (when you hit repeatedly)

DELETE skips through a series of Channels to the Channel you want.

... **SELECT** is used to create your own Customized Auto Codes (same as "enter" on a computer).

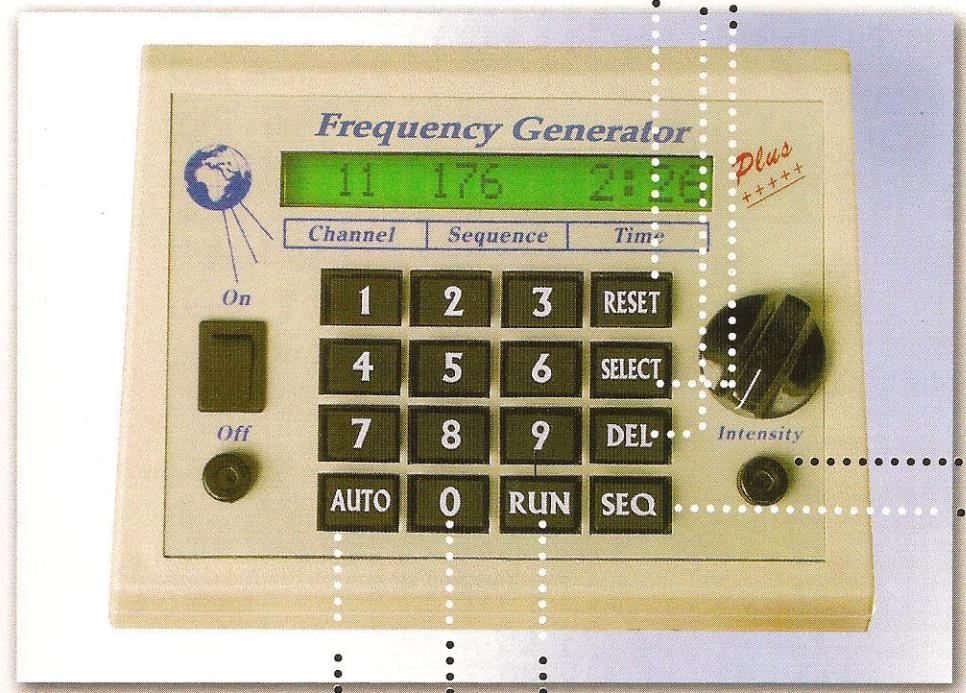
... **SEQUENCE** is used to create your own personalized Custom Auto Sequence

... **OUTLETS** for wires to hand cylinders

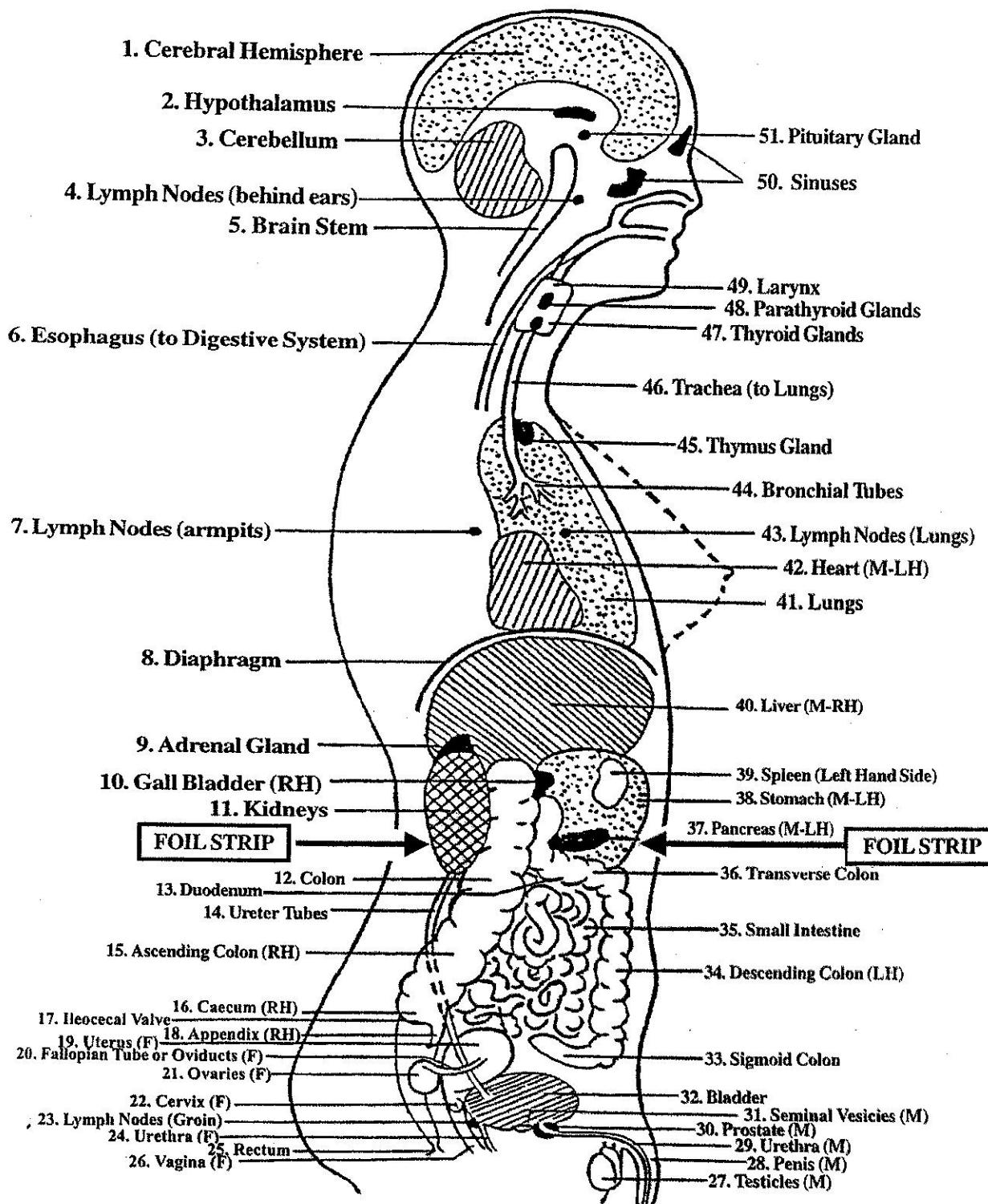
... **AUTO** automatically selects a frequency pattern normally used for a particular condition.

NUMBERS - used to select a 3 digit Auto Sequence or a series of frequencies when creating a Customized Sequence.

... **RUN** starts your Auto Sequences, and/or single Channels.



INSIDE THE BODY - CHART



INSIDE THE BODY - CHART REFERENCE LIST

1. Cerebral Hemisphere	27. Testicles (Male)
2. Hypothalamus	28. Penis (Male)
3. Cerebellum	29. Urethra (Male)
4. Lymph Nodes (behind ears)	30. Prostate (Male)
5. Brain Stem	31. Seminal Vesicles (Male)
6. Esophagus (to Digestive System)	32. Bladder
7. Lymph Nodes (armpits)	33. Sigmoid Colon
8. Diaphragm	34. Descending Colon (Left side)
9. Adrenal Gland	35. Small Intestine
10. Gall Bladder (right side)	36. Transverse Colon
11. Kidneys	37. Pancreas (Middle-Left side)
12. Colon	38. Stomach
13. Duodenum	39. Spleen (Left hand inside)
14. Ureter Tubes	40. Liver
15. Ascending Colon (right side)	41. Lungs
16. Caecum (right side)	42. Heart (Middle-Left side)
17. Ileocecal Valve	43. Lymph Nodes (Lungs)
18. Appendix (right side)	44. Bronchial Tubes
19. Uterus (Female)	45. Thymus Gland
20. Fallopian Tube/Oviducts (Female)	46. Trachea (to Lungs)
21. Ovaries (Female)	47. Thyroid Glands
22. Cervix (Female)	48. Parathyroid Gland
23. Lymph Nodes (Groin)	49. Larynx
24. Urethra (Female)	50. Sinuses
25. Rectum	51. Pituitary Gland
26. Vagina (Female)	

CYLINDER AND PLATE ELECTRODES

The Cylinders are generally held in the hands. If placed on the body wrap with a damp cloth. Dampened plates should be applied to the feet, or on either side of a targeted organ area of the body.

The plates are covered with a cloth sleeve that must be moistened and then pressed flat against the subject's skin. A gap between the electrode and the skin may cause an uncomfortable sensation.

Turn the intensity knob down (counter clockwise) before picking up any electrode. Then, while holding the electrodes, slowly adjust the intensity upward (clockwise) until you feel a comfortable level of sensation.

If you do not experience satisfactory results when holding the hand cylinders, then try placing your feet on the plates. The plates may also be placed directly, over or behind (or side to side), of a targeted area. Always avoid placing electrodes on areas of irritated or broken skin.



HAND CYLINDERS

***Never use internally. Optional:
You can hold one cylinder and
stand on one plate (right hand
and left foot or vice versa) to
run the current thru the body.***

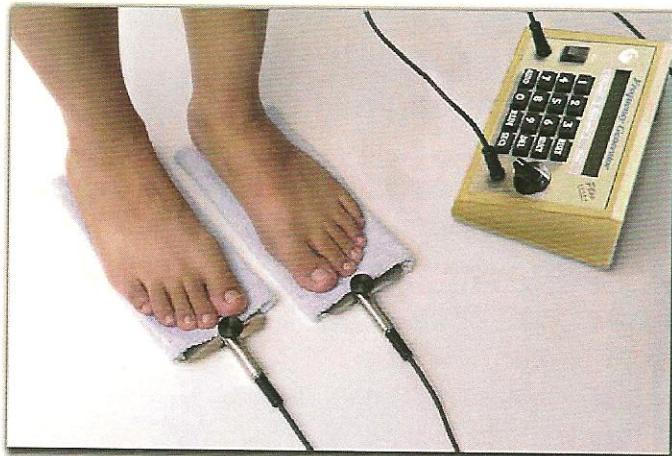


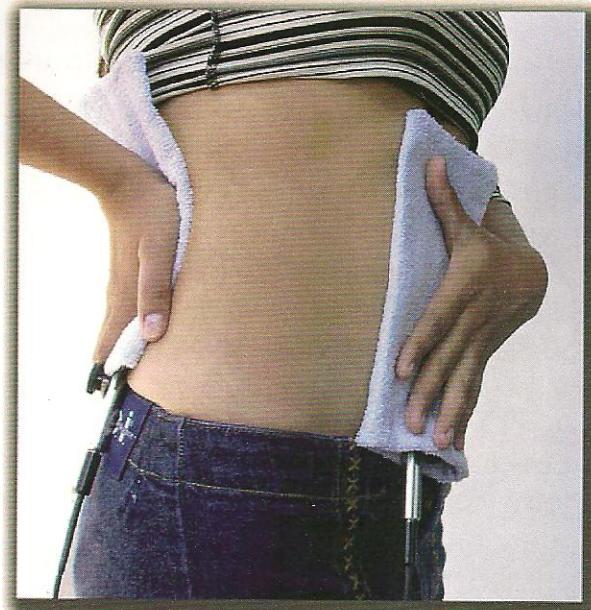
PLATE APPLICATION

***Position the feet on the
cloth electrodes as shown
here, or crosswise at ball of
foot. Always remember to
wet the fabric with warm
water. Sea salt is preferable
for increased conductivity.
Make sure the fabric is
moist, but not soaked.***

See "Broadcast Mode"

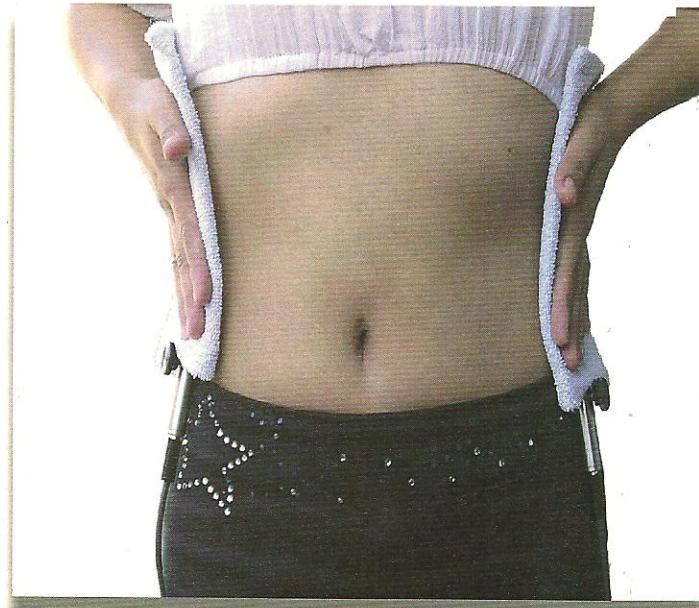
PLATE ELECTRODES

Plates can be placed over and opposite a target area. This “direct application” method allows delivery of the frequencies to the correct location and helps circumvent any possible obstructions in energy pathways. It is best to avoid placing the electrodes directly on the spine.



Always use two plates in direct application. Place one plate on top of the target and the other plate on the opposite side of the body. This allows the frequencies to pass directly through the targeted area.

To hold the electrodes in place, press the plates tight against the skin by using a Spandex back or knee brace, elastic athletic wrap, ace bandage, etc.



Ace bandages or weight lifter Velcro straps are very useful in holding pads in place.

MODEL-G- PLUS

OPERATING INSTRUCTIONS

Thank you for purchasing this research and investigative instrument which may provide relief from pain, discomfort and some chronic conditions. Or you may find this instrument useful for investigating health, wellness, tissue and organ regeneration, life extension and other purposes. This instrument is an audio frequency generator that has been designed to use state-of-the-art electronic microcircuits and manufactured to the highest quality possible in order to provide a reliable device that will perform for many years.

This Model G instrument has an electronic memory that has been programmed with 550 different audio frequencies. Many of these different frequencies are used in a single Sequence of frequencies to perform a specific purpose. You will find a table of these Sequences and the purpose for each in Table 1: A List of Pre-programmed Auto Sequences (page 22). This instrument has been designed to provide easy selection of the Sequence you want to run/perform for the relief needed or other purposes desired. The available sequences are numbered 101 through 650. See Table 1, A List of Pre-programmed Auto Sequences.

When you observe the instrument you will see a display panel with the words Channel / Sequence / Time.

- ✓ Channel* is the frequency number currently running.
*Please note that a frequency number is also a Channel.
- ✓ Sequence is the numbered sequence you selected to be performed,
- ✓ Time is the period of time that each frequency will run/perform.

The Time area will initially display the number of minutes each frequency will run/perform. Then it will begin to count down the minutes and seconds of time remaining.

When you have selected the SEQUENCE number desired and eventually press **RUN** to start the sequence, the Time area will display (for a short period of time) the number of the first frequency to be provided and the number of frequencies in this sequence, e.g. 6 / 14.

OPERATING INSTRUCTIONS

A. To run/perform a desired sequence

To run/perform a desired **Sequence**, press **RESET**, **AUTO**, **Desired Sequence Number**, **RUN** and the instrument will provide those audio frequencies chosen for this sequence. Each frequency will run for a three (3) minute period and then change to the next frequency. When all of the frequencies have been provided for this sequence, the instrument will indicate READY. You may choose another sequence, if desired.

There are occasions when you may want to run each frequency in the **sequence** for a period of time other than three (3) minutes. It is possible for you to run each frequency for one (1) or more minutes. In fact, you may run each frequency up to ninety-nine (99) minutes if you desire.

To run/perform a desired **Sequence** for seven (7) minutes per frequency, press **RESET**, **7**, **AUTO**, **Desired Sequence Number**, **RUN**.

B. To run/perform a single frequency

It is possible to run/perform these single frequencies for any period of time from one (1) minute or up to ninety-nine (99) minutes.

To run/perform a single frequency for three (3) minutes, press **RESET**, **3**, **SELECT**, **Desired Frequency Number**, **RUN**.

To run/perform a single frequency for eight (8) minutes, press **RESET**, **8**, **SELECT**, **Desired Frequency Number**, **RUN**.

C. To Customize and run/perform your own personally Created sequence of frequencies

To create a personal sequence of frequencies, press **RESET**, **SEQUENCE NUMBER** (assign your personal number 1 through 99), **SELECT** (frequency number 1 through 455), **SELECT** (another frequency number 1 through 455), **SELECT** (another frequency number 1 through 455), etc... until the frequency numbers desired are programmed. Then press **SEQUENCE**. These frequencies will automatically run/perform for a period of three (3) minutes per frequency. If a different run/perform period of time per frequency is desired, insert that number of minutes immediately after

RESET (X). To run/perform this personally created sequence press **RESET, AUTO** (choose the number you assigned), **RUN**.
VERY IMPORTANT: after the last number is entered press **SEQUENCE** only - do not press **SELECT**.

D. To run/perform a group of frequencies (frequency scan)

If you are not certain which frequency is required for a specific condition, you may scan all frequencies starting with auto number 560. The primary useful frequencies to be used in this manner are auto sequence numbers 560 through 564.

All of the first 250 frequencies programmed into this instrument by company design have been divided into fourteen (14) groups, and are numbered 560 through 573. See Table 2.A List of Frequency Groups. To run/perform any group of frequencies listed in Table 2, press **RESET, AUTO** (choose sequence number), **RUN**.

E. Other instrument controls and their purpose

To pause any frequency or sequence that is running, **press 5** or any other numbered key 1 through 9. The instrument will stop running until you are ready to start again.

To resume the interrupted program, press **RUN**.

To stop any frequency or sequence that is running, press **RESET**.

To eliminate a number entered in error, press **DELETE**.

To turn the instrument off, press the rocker switch to the **OFF** position.

To adjust the level of the output frequencies, turn the Intensity control knob. The counter-clock-wise stop is zero output, and the clock-wise stop is maximum output. Please adjust this control knob for the comfort level you prefer during the run/perform period. **It is important to turn the Intensity control knob counter-clock-wise between each frequency in the sequence.** The lower range Hertz frequencies provide a greater feeling of output than the higher range frequencies. Failure to reduce the output level between frequencies may cause an uncomfortable feeling when the next frequency starts; however, there is no danger of being

injured if you forget to decrease the output level. An example of a frequency that provides little feeling of output is channel number one (1). Examples of frequencies that provide greater feelings of output are numbers two (2) and eighty (80). Set the intensity control knob to a comfortable level. A slight tingling sensation is desirable.

F. Use of hand cylinder and plate electrodes

Two stainless steel cylinders and two stainless steel plates have been provided with this instrument to apply the output frequencies to your body. The cylinder electrodes are primarily used in the hands, and the plates are primarily used on the bottom of the feet or other areas of the body. The sleeves containing the plates must be wet with (warm for comfort) water for adequate conduction of the output frequencies to your body. When the cylinder electrodes are used in the hands, there is usually adequate moisture on the hands to provide sufficient output frequency levels. Do not use oil creams on your hands as this may decrease conduction and may be toxic to the body. Sea salt is desirable for conduction. Do not use regular (sodium chloride) salt or distilled water.

You will know when you need to decrease the Intensity control. This instrument has been designed to inform you when a frequency has ended and a new frequency is about to begin. The instrument will emit a low-level audible beeping melody to inform you that a new frequency is about to begin, therefore decrease the intensity level until the new frequency starts. Then at this time adjust the intensity for your comfort. High intensity is not desirable. If intensity is adjusted slightly below level of sensation so you do not feel any tingling, this is OK.

It is recommended that a plastic barrier be used under the wet plates/pads so that the surface below the plates/pads does not become wet, e.g., when lying on a bed.

For better conduction of the frequencies to the specific areas of the body, there may be occasions when a little downward pressure is desired on the metal/pads. This pressure might be desirable when the plates are used on a horizontal surface of your body. A book or beanbag may be used. However, choose something that causes the entire wet pad to contact the body. Do not hold the plates/pads in the desired position on your body with your bare hands unless you want the output frequencies to be shunted to your hands and your body at the same time. Hands that are covered with

latex or vinyl gloves will cause the output frequencies to be more intensely applied to the contacted body area.

G. Begin and run/perform a Sequence

Let's assume you feel that a cold or flu or sore throat is starting. In Table 1. "List of Preprogrammed Auto Sequences," you find sequences 224 and 225 for early-stage and late-stage-colds. You have decided that three (3) minutes per frequency is adequate for either sequence and you want to apply the output to your hands as well.

- a. Obtain the two cylinder electrodes, the two insulated wires with "banana plug" ends, the power transformer and the instrument itself. Turn the Intensity control knob counter-clock-wise to the stop position (zero output).
- b. Place the power transformer's plug into the back of the instrument where there is a power jack provided. Then, plug the transformer into a wall socket where 120V - AC is available (60 Hz)
- c. Place the banana plugs (2) of one insulated wire into one metal cylinder and the other end into the inlet jack provided on the instrument near the On/Off switch. Place the banana plug of the second insulated wire into the other cylinder electrode and the other insulated wire end into the inlet jack near the Intensity control knob on the instrument.
- d. Place the power switch in the ON position and observe the display panel's READY signal. You want to run/perform sequence 224 first, so press **RESET, AUTO, 224, RUN**. Place a cylinder electrode in each hand and increase the Intensity control knob (clockwise) to a level of output that is comfortable for the first frequency. At the end of three (3) minutes decrease the output level. When the next frequency starts, increase the output level until it is comfortable. When all the frequencies of sequence 224 have been provided, the display panel will indicate READY. Before starting the next sequence, decrease the Intensity level. To run/perform sequence 225, press **RESET, AUTO, 225, RUN** and increase the Intensity level to a comfortable level.

H. Use of the plates on the body

BARE plates **should not** be used on the body because the plates will have point contacts with the body and will produce uncomfortable feelings. Any time the plates are used, cover them with the fabric sleeves or a paper towel before getting them wet. The wet paper towel will cause near-total contact with the plate and the body, so that only comfortable feelings are felt. A metal plate covered with a wet paper towel can be used under a foot, and the cylinder electrodes can be held in a hand in order to receive the frequencies.

I. Consumption of water is essential for detoxification of the body

The instrument's output frequencies will may allow the body to reject bacteria, other harmful pathogens and frees up toxins that need to be removed from the body through perspiration, urine and feces. Charcoal filtered water (if available) is recommended at a rate of eight (8) ounces for a quantity of eight (8) glasses per day, MINIMUM. Allow the body to expel the destroyed bacteria over one (1) or two (2) day periods. If adequate time to detoxify the body is not taken, you may feel the effects of a headache, tiredness, and/or flu-like symptoms. Destroyed bacteria, harmful pathogens and toxins must be purged. It is not recommended to drink distilled water more than a two week period of time. Distilled water does no contain the necessary and beneficial minerals the body needs that are found in good drinking water. Replacement of beneficial trace minerals is recommended if distilled water is consumed beyond a two week period.

J. The mechanical and electrical attributes of this instrument

This instrument is powered by a transformer which converts 120 volts AC (60 Hz) into 9.0 volts DC and is limited to providing 0.5 Amps. This means that normal household voltage (120 V) can power this instrument satisfactorily, and the power transformer itself isolates the instrument from the 120 volts AC. No voltage greater than a nominal 9.0 volts DC is presented to the instrument enabling the microcircuit and other active and passive components to provide the frequency outputs. The United States, México and Canada provide 60 Hertz electrical power. If this instrument is to be used outside these countries a different power transformer/adapter must be obtained. The electrical connector that plugs into the back of the instrument has a positive polarity on the INSIDE portion and a negative polarity on the OUTSIDE portion. Be sure to obtain the correct polarity.

electrical connector. The dimensions of the electrical connector/plug are 0.075 inches or 0.190 centimeters (inside diameter), and 0.214 inches or 0.543 centimeters (outside diameter).

This instrument can operate satisfactorily in an ambient temperature range of 40 to 100 degrees Fahrenheit and it can be safely stored in an ambient temperature range of 32 to 110 degrees Fahrenheit. Therefore please be careful to remove this instrument from a closed-up automobile in the summer time. If the instrument has been subjected (stored in) to cold temperatures, it should be allowed to warm to the ambient temperature where it is to be used for approximately 3 hours. This will allow any moisture condensing on the electronic parts to evaporate and not cause possible short circuits.

If this instrument is dropped into water or saturated with water, DO NOT TURN IT ON. Remove the power transformer (if plugged in), and return it to the factory for tests and evaluation. Turning the instrument on when saturated with water could cause catastrophic damage to the internal components.

The instrument can be turned on indefinitely without damage to the instrument; it dissipates very little power. This means that the internal temperature rise due to use is very low (approximately 5 degrees Fahrenheit). There is a heat plate on the rear of the instrument and it is designed to dissipate excess heat for electrical components. It may feel rather warm to the touch, however this is OK.

K. If operating problems occur with the instrument

Like any microprocessor/computer, this instrument must be programmed correctly before it can provide the desired output frequencies. It's easy to miss a keystroke in the programming or maybe the number/command key wasn't pressed hard enough to register in the microprocessor. If this problem occurs, simply press **RESET** and start the programming again. It may be helpful if the numbers/commands are hand written before they are entered into the instrument. While ending a session and the number 255 appears at the end of a Customized program this is an indication that the operator did not program the instrument correctly. It is necessary to input the very last Channel number in a Customized program and follow by pressing the "Sequence" button only (not the "Select" followed by "Select").

If help is required, please contact your distributor first. Then, if necessary, contact the Repair and Service department before shipping the instrument for servicing.

When returning an instrument for repair or servicing please provide your name, address, telephone number and the nature of the problem. RETURN ONLY the instrument, and no accessories or manuals. Wrap with good insulation to protect the instrument.

L. Keep your instrument running. There is no harm to your instrument if it stays on continuously. Many beneficial results are gained from your instrument if it remains turned on when you or others are in the area. *When not using your instrument for specific conditions, we consider it most beneficial to run it continuously in the "Broadcast Mode," running various "wellness frequency programs" such as Auto #646 and Auto #647. Suggested running these at 15 to 45 minutes per frequency. See the Health, Wellness and Rejuvenation Programs.*

M. Keeping a personal record

If you have created your own personal **Sequences**, writing them in a notebook and keeping track of the operational results can be very beneficial. Keeping a record of your successful/unsuccessful results when performing any of the **Sequences** will be very beneficial to you and possibly to others who have similar discomforts.

As a suggestion, you could keep track of DATE PERFORMED, SEQUENCE NUMBER, PURPOSE, RUN TIME PER FREQUENCY, HOW AND WHERE APPLIED, RESULTS AND AMOUNT OF TIME BEFORE RESULTS WERE OBTAINED.

N. Note on Safety

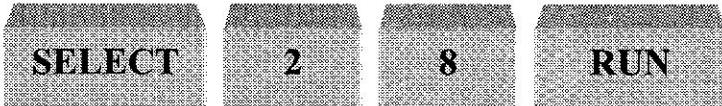
Due to the low controlled voltage the generator does not "present a potential unreasonable risk of illness or injury..." 26 USC 360

QUICK REFERENCE PROGRAMMING GUIDE

FOR MODEL-G PLUS

✓ Example 1 Section to Run Single Channel Numbers

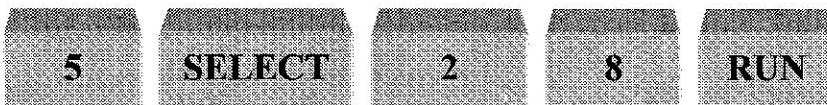
Run the single frequency 28 for 3 minutes (3 minutes is the time provided if you don't program a different time)



If you program a single frequency or a Sequence that is not in this instrument's memory, the display panel will indicate a "Not Valid" message. Just press RESET and start programming again. This instrument has frequencies 1 through 455 and Sequences 101 through 650. Sequence numbers 1 through 99 are reserved for your own personally created sequences. Sequence number 100 is not used in this instrument's memory.

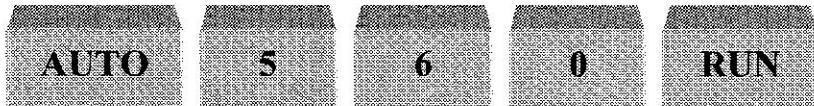
✓ Example 2

Run/perform the single frequency 28 for 5 minutes



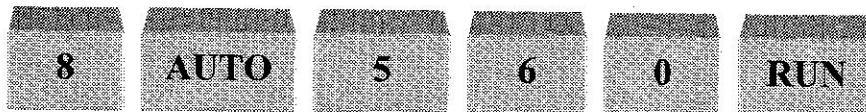
✓ Example 3 Section to Run a Sequence

Run/perform the Sequence 560 for 3 minutes



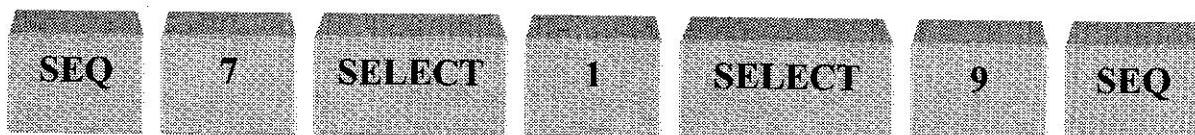
✓ Example 4

Run/perform the Sequence 560 for 8 minutes



✓ Example 5 Section to Create a Personal Sequence

Create a personal Sequence using the frequencies 1, 9 and assign #7 to this Sequence.



✓ Example 6 Section to Pause Run Time

*To pause a running sequence or frequency, press any number key,
e.g. 5 To continue running again press RUN.*



✓ Example 7 Section to Skip or Delete a Frequency

To skip or to delete a frequency running, press DELETE. To remove a number entered in error, press DELETE. If the instrument hangs up or refuses to operate, press the OFF switch, and then the ON switch. This does not harm the instrument.



Re-Program right over any no longer needed old Custom Sequence.

TABLE 1
List of Auto-Sequences – Not Intended to Treat Disease*

Auto Number	Condition	General Information	Total Minutes at 3 min/seq
101	Abdominal Pain	General Information	18
102	Abdominal Pain	Bacterial / Viral involvement	48
103	Abdominal Pain	Mixed Parasite; viral/bacterial	36
104	Abdominal Pain	involvement; observe for best	30
105	Abdominal Pain	Results	21
106	Abscesses		24
107	Acidosis		27
108	Acne		27
109	Actinomycosis		15
110	Acute Pain	Viral & Bacterial involvement	48
111	Acute Pain	General Inflammation	33
112	Acute Pain	Parasite Predominately	30
113	Adenoids	Bacterial Presence	27
114	Adenoids	Detoxification Process	39
115	Adhesions		36
588	AIDS		30
116	AIDS		54
117	AIDS		33
118	AIDS	Practitioner to observe	39
119	AIDS	patient response for	39
120	AIDS	best results	36
121	AIDS		39
122	Allergy	General use	12
123	Allergy	Detoxification process	33
124	Allergy	Parasitic presence	30
125	Alopecia		18
589	Alzheimer	Also #560 X 4 min. / Broadcast Mode	6
126	Amenorrhea	Primary Inflammation	36
127	Amenorrhea	Bacterial involvement	24
128	Anal itching	Parasitic etc. presence	48
129	Anal itching	Fungal / yeast involvement	21

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
130	Anal itching	Bacterial predominance	18
131	Aneurysm	Pain & Inflammation	30
132	Aneurysm	Viral & bacterial presence	45
133	Aneurysm	Parasite predominance	45
134	Aneurysm	Detoxification	24
135	Angina pectoris		12
136	Ankylosing Spondylitus	Bacterial presence	33
137	Ankylosing Spondylitus	General detoxification	48
138	Antiseptic effect		33
590	Anthrax (Bacillus Anthracis)		24
591	Anxiety		15
139	Apoplexy	General treatment	45
140	Apoplexy	Bacterial involvement	48
141	Apoplexy	Parasitic presence	30
142	Apoplexy	Detoxification	21
143	Appendicitis	Bacterial presence---	33
144	Appendicitis	observe for best results	33
145	Appendicitis	Detoxification	30
146	Appendicitis	Parasites	30
147	Appendicitis	Fungal / yeast	21
148	Appetite, lack of		15
592	Arteries, hardening	Also Body Cleanse Programs	3
149	Arteriosclerosis	Pain & Inflammation	30
150	Arteriosclerosis	Viral & bacterial presence	42
151	Arteriosclerosis	Fungal / yeast presence	21
152	Arteriosclerosis	Parasites present	33
153	Arteriosclerosis	Fungal / yeast presence	21
154	Arthritis		42
155	Arthritis	Practitioner to observe	45
156	Arthritis *** And Auto 298	results and select	30
157	Arthritis	accordingly for	21
158	Arthritis	best results	30

Auto Number	Condition	General Information	Total Minutes at 3 min/req
159	Arthritic pain in elbow		18
160	Asthma	Allergy	27
161	Asthma	Bacterial presence	30
162	Asthma	Inflammation treatment	33
163	Asthma	Parasite presence	30
164	Asthma	Detoxification program	21
165	Astrocytoma		33
166	Athlete's foot		18
167	Auto immune disorders	Fungal / Yeast Presence	24
168	Auto immune disorders	Bacterial Presence	33
169	Auto immune disorders	General Detoxification	33
170	Auto immune disorders	Parasite Presence	30
171	Autointoxification	Parasite / yeast involvement	9
172	Autointoxification	General Detoxification	33
173	Bad breath		21
174	Bed sores		27
175	Biliousness		27
176	Bladder & prostate	Bacterial presence	33
177	Bladder & prostate	Detoxification	33
178	Bleeding		9
179	Boils		27
180	Bone trauma		24
181	Bone /periodontal disease		39
182	Bone protuberance		9
183	Breast, fibroid cysts	Bacterial presence	27
184	Breast, fibroid cysts	Detoxification	33
185	Blisters		18
186	Broken bones		24
187	Bright's syndrome		15
188	Bronchitis		24
189	Bronchial pneumonia		21
190	Bruise		9

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
593	Bubonic Plague (Bacillus Pastis)		33
191	Burns		21
192	Bursitis		12
	Cancer..... (See Section on Detox, Cleanse, Parasites)		
585	Cancer		48
594	-- Bladder		15
595	-- Blood		21
596	-- Bone		30
597	-- Breast (Tumor)		9
598	-- Colon		18
599	-- Larynx (Voice Box)		21
600	-- Liver		12
601	-- Lung		27
602	-- Lymph		15
603	-- Mouth		15
604	-- Nasal		18
605	-- Pancreas		27
606	-- Pharynx	(Oral cavity to esophagus)	15
607	-- Prostate		9
608	-- Skin		9
609	-- Stomach		18
610	-- Throat (Pharyngeal)		18
611	-- Tumor	O/B	18
612	-- Tumor, Fatty Tissue		9
193	Cancer		33
613	Candida (See Chlamydia)	(Run 5 min. per frequency)	40
194	Carcinoma		33
614	Carpal Tunnel		27
	Cardiac: Please read the	Cardiovascular Caution in	Manual
	Chest pain, angina pectoris		12
318	Cardiac disorders	Emotional aspect	30
319	Cardiac disorders	Bacterial presence	42

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
321	Cardiac disorders	Inflammation aspect	33
322	Cardiac disorders	Bacterial /parasitic presence	48
323	Cardiac disorders	Fungal / yeast presence	21
324	Cardiac disorders	Pain	12
	<i>CAUTION: Please read the</i>	<i>Cardiovascular Caution in</i>	<i>Manual</i>
203	Cataract	Bacterial presence	18
204	Cataract	Detoxification	33
205	Cerebral palsy		15
206	Cerebral palsy		9
207	Cerebral palsy	Use separately or combined	15
208	Cerebral palsy	and observe for best	33
209	Cerebral palsy	results	36
210	Cerebral palsy		39
211	Cerebral palsy		33
615	Chem Trails	(Not necessarily latest Version)	30
214	Chest pain		12
215	Cholera		18
616	Cholesterol		3
618	Chronic Fatigue	(Also Detox Cleanse Parasites)	21
216	Chronic fatigue syndrome		30
217	Chronic fatigue syndrome	Use separately or combined	24
218	Chronic fatigue syndrome	to find best result for each	33
219	Chronic fatigue syndrome	individual	48
220	Chronic fatigue syndrome		21
617	Circulation	<i>Hearing Loss & Diabetic Legs</i>	9
221	Circulation stasis, disturbed	Yeast / Fungal presence	12
222	Circulation stasis, disturbed	Bacteria / parasite	48
223	Circulation stasis, disturbed	Detoxification	21
650	Chlamydia (See Candida)	(Run 6 min. per frequency)	36
212	Cold sores	Detoxification program	42
213	Cold sores	Bacterial / viral presence	33
224	Cold, early stage	Viral	33

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
225	Cold, late stage	Bacterial	30
226	Colic		27
227	Colitis		27
619	Concentration		6
228	Conjunctivitis		27
229	Constipation		24
230	Convulsions		15
231	Contusions		9
232	Costalgia		30
233	Cramps		18
234	Cystitis		21
620	Deafness (partial to complete)	See Circulation-Hearing	30
621	Dental Foci	Neglecting this can prevent recovery from ANY illness	84
623	Depression	(Also Detox & Parasites)	15
235	Depression	Outside circumstances	9
236	Depression	Due to drugs / toxins	9
623	Depression	Due to drugs / toxins	15
624	Dermal Skin Healing		6
648	Detox, Mercury		6
237	Detoxification		33
238	Diabetes, type A	Parasite involvement	30
239	Diabetes, circulation		9
240	Diabetes, infections		39
241	Diabetes, loading		9
242	Diabetes, type B	Bacterial presence	42
243	Diarrhea		24
244	Distortion		33
245	Dupuytren's contracture		9
246	Dysmenorrhea, painful		9
247	Dysmenorrhea, infection		30
243	Dysentery		24

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
248	Dyspersia		21
625	E-Coli Bacteria		36
249	Ear	Bacterial presence	33
250	Ear	Viral / bacterial infection	30
251	Ear	Detoxification	33
252	Eczaema	Bacterial presence	24
253	Eczaema	Detoxification	33
254	Eczaema	Bacterial / parasite infection	48
255	Eczaema	Detoxification	21
626	Energy (AM only)		9
649	Emphysema		21
256	Enuresis		21
257	Edema		30
258	Epicondylitis	Pain	18
259	Epicondylitis	Bacterial presence	21
260	Epididymitis		21
261	Epilepsy	Bacterial presence	45
262	Epilepsy	Detoxification	33
263	Epilepsy	Bacterial / parasite presence	48
264	Epilepsy	Fungal / yeast presence	21
265	Epstein Barr		42
266	Erysipelas		33
267	Eustachian tube Inflammation		21
268	Eye disorders	Cataracts	24
269	Eye disorders	Detoxification	33
270	Eye Inflammation		9
627	Facial (cosmetic enhacement)		6
271	Fatigue of age		9
272	Fibroma		18
273	Fibroma, secondary		9
628	Fibromyalgia	(Also Cleanse, Detox & Parasites)	9
274	Fibromyalgia	Pain & inflammation	30

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
275	Fibromyalgia	Bacterial / viral presence	45
276	Fibrosis of the lung		18
277	Fistula	Viral / parasite presence	36
278	Fistula	Inflamación	9
279	Fistula	Parasite presence	30
280	Flashes, hot		15
281	Flatulence		27
629	Flu (run every 2 hours)		33
282	Flu, early stage	Viral	33
283	Flu, late stage	Bacterial	27
284	Foot blisters		21
285	Fractures		24
286	Frostbite		15
287	Frozen shoulder		21
288	Fungal infection		21
631	Fungus – General – “Primary”		30
630	Fungus, Toe Nail - Secondary		12
289	Furunculosis, herpes		30
290	Gall bladder		21
291	Gallstones		21
292	Gangrene		18
293	Gonorrhea		18
294	Gastritis		30
295	Gas, short freq sequence		18
296	Gas, long freq sequence		30
297	Gingivitis		63
298	Gout – Uric Acid - Arthritis	Body, Kidney & Liver Cleanse	21
299	Gravel in urine	Strep / Staph	24
300	Gravel in urine	Detoxification	33
301	Gravel in urine	Bacterial / parasite	48
302	Gravel in urine	Cancer presence	21
632	Gulf War Syndrome	Use Broadcast Mode x 15 Min.	18

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
303	Hair loss		42
304	Hallucinations		51
305	Hangover		30
306	Hay fever		15
307	Headaches, migraine		15
308	Headaches	Viral / Bacterial	69
309	Headaches	Detoxification	33
310	Headaches	Parasites	33
311	Headaches	Cancer presence	21
312	Headaches	Vertebral misalignment	12
313	Headaches	Strep / Staph	33
314	Headaches	Urogenital caused	21
647	Health, Neutralize EMF	(Neutralize Electromagnetic Fields)	93
646	Health & Rejuvenation		90
633	Health & Wellness		9
315	Hearing		33
316	Hearing		36
317	Hearing		18
318	Heart disorders	Emotional aspects	30
319	Heart disorders	Viral / Bacterial	42
320	Heart disorders	Bacterial	21
321	Heart disorders	Inflammation aspects	30
322	Heart disorders	Bacterial / Parasite	48
323	Heart disorders	Fungal / Yeast	21
324	Heart disorders	Pain	12
	CAUTION: Please read the	Cardiovascular Caution in	Manual
325	Heartburn		60
178	Hemorrhage		9
326	Hemorrhoids		15
327	Hepatitis		21
635	Hepatitis C	(See Detox, Cleanse & Parasites)	15
328	Hernia		12

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
634	Herpes, genital	(Run 15 days)	21
329	Herpes, most often		39
330	Herpes, collateral damage		24
331	Hip pain		24
332	Hives		27
333	Hoarseness		33
334	Hyperactivity		9
335	Hydrocele		15
336	Hyperosmia	Fungal / Yeast	18
337	Hyperosmia	Detoxification	33
338	Hyperthyroid		9
339	Hypoacidity		9
340	Hypothyroid		9
341	Hypertension		27
342	Hypotension	Strep / Staph	15
343	Hypotension	Detoxification	33
344	Impotence, toxins		33
345	Impotence, generic		54
346	Indigestion		33
347	Infantile paralyses, secondary		24
348	Infection	Bacterial	51
349	Infection	Parasites	36
350	Infertility		39
282	Influenza, early stage	Viral	33
283	Influenza, late stage	Bacterial	27
351	Insomnia		24
352	Intercostal neuralgia		42
353	Intermittent claudication		9
354	Irritable bowel syndrome	Bacterial	33
355	Irritable bowel syndrome	Detoxification	33
356	Irritable bowel syndrome	Parasites	27
357	Itching		36

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
358	Jaundice	Bacterial	36
359	Jaundice	Detoxification	33
360	Jaundice	Parasites	27
361	Larynx		51
362	Leprosy, lesions		69
194	Leukemia		33
363	Leukoderma		24
364	Liver infection		21
365	Liver disease	Strep / Staph	30
366	Liver disease	Detoxification	33
367	Locomotor Dysfunction, Convulsions		12
368	Locomotor Dysfunction, Con	Bacterial	30
369	Locomotor Dysfunction, Con	Detoxification	33
370	Locomotor Dysfunction, Con	Parasites	27
371	Low Blood Pressure, Hypotension		15
372	Low Blood Pressure	Detoxification	33
373	Lumbago		39
374	Lungs, Detox & Rejuvenate	(Best 5 min. per frequency)	45
375	Lupus Erythematosis		18
376	Luxation		9
377	Lymph stasis		33
638	Memory	(Also Detox, Cleanse & Parasites)	27
378	Menieres disease	Bacterial	27
379	Menieres disease	Detoxification	33
380	Meningitis		39
381	Menopause, hot flashes		15
382	Menstruation, painful		9
383	Menstruation, problems		21
636	Mental Clarity	(Also Detox, Cleanse & Parasites)	87
637	Mental Disorders	(Also Detox, Cleanse & Parasites)	39

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
648	Mercury, Detox		6
384	Motion sickness		36
385	Mouth sores	Viral / bacterial	42
386	Mouth sores	Detoxification	33
387	Muscular dystrophy		33
388	Muscular pain	General	48
389	Muscular pain	Bacterial	30
390	Muscular pain	Viral / Bacterial	39
391	Muscular pain	Detoxification	33
392	Muscular pain	Bacterial / Parasites	48
393	Muscular pain	Cancer presence	21
394	Muscle spasms	Bacterial	30
395	Muscle spasms	Parasitic	30
396	Muscle spasms	Detoxification	48
397	Muscle tremors, Parkinson's		39
398	Nausea	Bacterial origin	21
399	Nausea	Detoxification	33
400	Neck, stiff		9
401	Nephritis	Inflammation	30
402	Nephritis	Bacterial presence	39
403	Nephritis	Detoxification	33
404	Nephritis	Parasitic presence	27
405	Nervousness, restless		33
406	Nerve disorders	Bacterial presence	27
407	Nerve disorders	Viral presence	39
408	Nerve disorders	Mixed bacterial / parasite	18
409	Nerve disorders	Detoxification	33
410	Neuralgia		15
411	Nose infection / congestion		45
412	Numbness		12
639	Nutrient Enchancer / Uptake		33
413	Obesity		33

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
414	Operations	Viral / bacterial presence	39
415	Operations	Detoxification	33
385	Oral lesions	Viral / bacterial presence	42
386	Oral lesions	Detoxification	33
329	Oral lesions, Herpes		39
416	Orchitis	Bacterial presence	27
417	Orchitis	Viral / parasite presence	33
418	Osteomyelitis	Viral presence	27
419	Osteomyelitis	Viral / bacterial presence	39
640	Osteoporosis, Viral Cause	(Apply 60 days period)	6
420	Otitis	Bacterial presence	33
421	Otitis	Viral predominance	30
422	Otitis	Detoxification	33
423	Ovarian disorders	Bacterial presence	27
424	Ovarian disorders	Viral / bacterial presence	39
425	Pain	General	15
641	Pain, lower back, extremities	(Up to 15 Min. per Frequency)	60
426	Pain, infection		36
427	Pain, joints	Inflammation	36
428	Pain, joints	Viral / bacterial presence	48
429	Pancreatic insufficiency	Cancer presence	30
430	Pancreatic insufficiency	Viral / Fungal presence	24
431	Pancreatic insufficiency	Parasitic	39
432	Paralyses, non-spastic		15
433	Parasites	Bacterial / parasitic	48
434	Parasites	Cancer presence	30
435	Pelvic inflammatory disease	Cancer presence	33
436	Pelvic inflammatory disease	Bacterial / viral presence	39
437	Pelvic inflammatory disease	Detoxification	33
438	Pelvic inflammatory disease	Bacterial / parasitic presence	48
439	Pelvic inflammatory disease	Cancer presence	21
642	Pesticides		15

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
440	Pleurisy		45
441	Pneumonia		36
643	Poison ivy		6
442	Poliomyelitis		9
443	Poliomyelitis, secondary		24
444	Polyps		54
445	Prostatitis		72
446	Prostate complaints		81
447	Prostate tumor		18
448	Pruritis		36
449	Psoriasis		30
450	Psychological	Relaxation	12
451	Psychological	Bacterial	45
452	Psychological	Detoxification	33
453	Psychological	Bacterial / parasites	48
454	Psychological	Cancer presence	21
455	Psychosomatic pain		15
456	Psychosomatic pain	Viral / bacterial	39
457	Psychosomatic pain	Detoxification	33
458	Psychosomatic pain	Bacterial / parasitic	48
459	Psychosomatic pain	Cancer presence	21
460	Raynaud's disease		9
646	Rejuvenation & Health		90
461	Runny nose, rhinitis		39
462	Sarcoma		33
463	Scars		9
464	Scarlet fever		18
465	Sciatica		27
466	Sedative effect		21
467	Sexual dysfunction		54
468	Sinusitis		27

Auto Number	Condition	General Information	Total Minutes at 3 min/req
469	Sleeplessness		21
470	Slipped discs	Strep / Staph presence	15
471	Slipped discs	Viral / Bacterial presence	39
472	Slipped discs	Detoxification	33
473	Slipped discs	Bacterial / parasites	48
474	Slipped discs	Cancer presence	21
644	Small Pox	(Viriole Virus / Measles)	30
475	Sneezing	Strep / Staph presence	15
476	Sneezing	Viral / Bacterial presence	39
477	Sneezing	Detoxification	33
478	Sneezing	Parasitic presence	33
479	Sore throat	Detoxification	30
480	Sore throat	Viral / Bacterial presence	57
481	Sore throat	Cancer presence	33
482	Spleen	Fungal / Yeast presence	15
483	Spleen	Viral / Bacterial presence	39
484	Spleen	Bacterial / parasite presence	48
485	Spleen	Cancer presence	21
486	Spondylitis		15
487	Spurs		9
488	Stiff muscles		69
489	Stomach disorders		60
490	Stomach gastritis		30
491	Stones	Strep / Staph presence	24
492	Stones	Detoxification	33
493	Stones	Bacterial / parasite presence	51
494	Stones	Cancer presence	21
495	Stroke	Detoxification	39
496	Stroke	Viral / Bacterial presence	48
497	Stroke	Bacterial / parasite presence	48
498	Stroke	Cancer presence	21
499	Sty		18

Auto Number	Condition	General Information	Total Minutes at 3 min/freq
500	Sun allergy		9
501	Sunstroke		30
502	Surgery		57
503	Surgery, post op		21
504	Surgery, detoxification		27
505	Swelling		30
506	Swollen glands		27
507	Syphilis		18
508	Taste perversion	Fungal / yeast presence	18
509	Taste perversion	Detoxification	45
510	Teeth	Bacterial presence	30
511	Teeth	Viral / bacterial presence	57
512	Teeth	Detoxification	33
513	Teeth, pain extraction		21
514	Tendomyopathy		54
515	Tetanus		9
516	Thyroid hyperactivity		9
517	Thrombosis	General treatment	45
518	Thrombosis	Bacterial component	36
519	Tic Douloureux	Bacterial presence	24
520	Tic Douloureux	Detoxification	21
521	Tic Douloureux	General treatment	42
522	Tonsillitis	Strep / Staph presence	30
523	Tonsillitis	Other bacterial presence	24
524	Toxins		18
645	Trauma (Bone)	(Bone Surgery, Cuts, Fractures)	27
525	Trauma		24
526	Trench mouth		12
527	Trench mouth, secondary		21
528	Trichinosis		24
529	Tuberculosis	Bacterial presence	18
530	Tuberculosis, secondary	Viral/Fungal/Yeast presence	15

Auto Number	Condition	General Information	Total Minutes
			at 3 min/freq
531	Typhoid		21
532	Ulcer	Viral / Bacterial presence	36
533	Ulcer	Fungal / Yeast presence	9
534	Ulcer	Parasite presence	21
535	Urethritis		69
536	Urticaria		45
537	Varicoses	Fungal / Yeast presence	9
538	Varicoses	Detoxification	42
539	Vegetative dystonia	Use either	15
540	Vegetative dystonia	and observe	48
541	Vertigo		9
542	Warts		36
543	Wellness		9
544	Worms		21
545	Wound healing		21
546	"X" secondary		15
547	Whining, irritability		9
548	Indigo		18
549	Blue		9
550	Turquoise		12
551	Yellow		9
552	Orange		12
553	Red		9
554	Magenta		18
555	Purple		9
556	Violet		9

Auto Code #646 runs the above color frequencies automatically.

*NOT INTENDED TO TREAT DISEASES. THE USE OF MEDICAL TERMINOLOGY HEREIN IF FOR CONVENIENCE ONLY; THE FREQUENCIES ARE INTENDED TO SUPPORT NORMAL STRUCTURE AND FUNCTION ONLY.

TABLE 2
List of Frequency Groups

Auto Number	Frequency Numbers In Each Group
560	Frequencies 1 To 28
561	Frequencies 29 To 56
562	Frequencies 57 To 84
563	Frequencies 85 To 108
564	Frequencies 109 To 119
565	Frequencies 120 To 130
566	Frequencies 131 To 141
567	Frequencies 142 To 163
568	Frequencies 164 To 174
569	Frequencies 175 To 185
570	Frequencies 186 To 196
571	Frequencies 197 To 207
572	Frequencies 208 To 218
573	Frequencies 219 To 248

Note: When you are not sure which frequency group to use for a specific condition, these frequency groups above may be scanned (run as an Auto Sequence) to determine which group is most helpful. Auto number 560 (Frequencies 1 through 28) are for support of normal structure and function in the presence of microbes. Auto numbers 560 thru 564 are primary numbers.

When running the above frequency group of numbers one frequency may stand out more than others by providing a noticeable tingling or other sensation in the body. This feedback may indicate that this frequency is what is needed. This is often references as a "hit" while doing a scan of a list of frequencies.

TABLE 3
Common Parasites & Pathogens

NOT INTENDED TO TREAT FOR PARASITES & PATHOGENS*

Common Parasites & Pathogens	Frequency
Ancylostoma Caninum (round worm)	54
Ascaris Lumbricoides (hook worm)	104
Borrelia Burgdorferi (Lyme disease)	26
Candida Albicans Fungus	28
Clonorchis Sinensis (human liver fluke)	112
Eurytrema Pancreaticum (pancreas fluke, found in all diabetes)	102
Erot Sclerotim Fungus	24
Echinococcus Granulosus (larval stage of tapeworm)	30
Escherichi Coli Bacteria (E-Coli)	11
Fasciolopsis Busii-Eggs (human intestinal fluke)	111
Fasciolopsis Busii-Adult (human intestinal fluke)	112
Dirofilaria Immitis (heart worm)	23
Fasciola Hepatica (sheep liver fluke)	110
Giardia Lambha (digestive parasite)	13
Mycobacterium Phlei (TB) Bacteria	11
Naegleria Fowleri (brain parasite)	25
Penicillium Aspergillus Rhizopus Fungus	7
Pneumocystic Carnii (secondary respiratory infections)	27
Proteus Vulgaris (urinary tract infections)	25
Streptococcus Bacteria	20
Shigella Sonnei Bacteria	57
Shigella Dystenterine Bacteria	57
Salmonella Typhimurium Bacteria	20
Salmonella Paratyphi Bacteria	18
Salmonella Enteritidis Bacteria	19
Schistosoma Haematobium (worm-bladder/eyeball)	107
Staphylococcus Bacteria	49, 50
Strongyloides (human thread worm)	62
Taenia Pisiformis (bladder worm)	29
Toxoplasma Gondii (common single cell parasite)	20
Trichinella Spiralis (round worm)	36

***Not intended to treat disease. The use of medical terminology herein is for convenience only; the frequencies are intended to support normal structure and function only.**

BIOLOGICAL & CHEMICAL

NOT INTENDED TO TREAT FOR PARASITES & PATHOGENS*

Common Bacteria	Frequencies
Anthrax (Bacillus Anthracis)	14, 17, 20, 30, 58, 68, 1, 6
Bubonic Plague (Bacillus Pastis)	125, 11, 16, 14, 17, 20, 26, 101, 109, 237, 6
Smallpox (Measles-Viriole virus)	11, 16, 14, 17, 20, 101, 109, 125, 237, 6

For Biological and Chemical frequencies above add the following

- Use Auto Code #163 over and behind lungs; once daily supports normal breathing and respiratory system.
- Use Auto Code #560 every 3 days
- **Imperative!** *Drink eight (8) glasses containing 8 ounces water. Non-chlorinated is preferred; distilled is most effective during a two (2) week detoxifying program. See page for drinking proper water.*

NOTE: Joint Pain and Joint Conditions: Often uric acid creates these conditions and programs for gout, along with certain arthritis frequencies may be most beneficial to use.

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BIRD FLU, UNKNOWN FLU, COLDS & MISC. VIRUSES

NOT INTENDED TO TREAT DISEASE*

Primary:

Suggest running Flu (Auto Code #283) and Bronchial Pneumonia (Auto Code #189) frequency programs. Run every 2 hours until condition disappears. Initially use "direct contact mode" with stainless steel hand cylinders and then use in "Broadcast Mode" if desired.

Other Optional 2 sets of Program may be used. Run no more than twice a day until desired effect is realized. This may be run in the "Broadcast Mode." See back cover this Manual "Easy Reference" to Customize this program.

Set #1: Customize a Sequence using **Channel Numbers** 241, 244, 167 68, 167, 241 (in order given). Run 12 minutes per frequency.

Press: 12 AUTO (Custom Sequence #), RUN.

Set #2: Customize a Sequence using **Channel Numbers** 26, 388, 65, 70, 10, 65, 388, 26 (in order given). Run 14 minutes per frequency.

Press: 14, AUTO, (Custom Sequence #), RUN.

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ADDICTIONS AND BEHAVIOR

NOT INTENDED TO TREAT PSYCHOLOGICAL CONDITIONS*

CONDITION OF DISCOMFORT	Frequencies and (Sequences)
Absentmindedness and Fear	73
Anger	71 for 24 min.
Back Ache (drink water)	57 for 15 min. then 11, 1, 16, 14, 17, 19, 20, 6
Constipation (drink water)	(Sequence 229)
Depression (and detox)	(Sequence 235) 14, 17, 54, 56, 58, 70, 60, 6
Diarrhea	(Sequence 243)
Irritability, whining (also used for inflammation)	17, 36, 37, 71, 76, 6
Facial Toning, Cosmetic Enhancement	62
Fatigue	(Sequence 271) and 24 for 12 min.
Fear	73 for 24 min.
Head Aches	3, 20, 29, 41, 42, 45, 48, 58, 61, 71, 74, 80, 87, 88, 106, 108, 109, 114, 6
Hallucinations	(Sequence 304) 1, 74, for 12 min.
Insomnia, sleeplessness	(Sequence 351) and 124
Itchy Skin	(Sequence 463) 62 for 18 min.
Joint Pain	3, 1, 57, 100, 6
Hunger (to reduce feeling of hunger)	(Sequence 143)
Kidney Meridian (balancing/correction)	65
Loneliness	60 for 24 min.
Loss of Well Being	71, 73, 75, 76, for 6 min. each
Lost Focus	(O/B liver) 68 for 20 min, 65, 68
Malaise	68 and 74 for 12 min each
Mental Clarity	60
Nausea	(Sequence 398, 399)
Night Sweats	58, 61, 68, 74, 6
Phlegm, excessive	14, 17, 1, 20, 58, 85, 87, 88, 6
Relaxation Meditation & Deeper Sleep	74
Schumann Frequency & Companion Freq.	68 & 58 (or 322 on Model G)
Sleeping, excessive	72, 75 for 24 min
Sugar, Alcohol Craving	1 for 24 min.
Unsociable Behavior, falling asleep late	75
Unwillingness to Work	72
Vomiting	(Sequence 489 & 230)

NOTE: The above is a list of symptoms and their suggested codes and/or frequency settings to use for support of normal structure and function when confronting these type conditions or reactions. No claim or promise is made as to results. **Results may vary!**

DRINK GOOD WATER

Drink water every day of your life!!!

The general rule is to consume eight (8) glasses of water containing eight (8) ounces of water in a 24-hour period.

It is most important to drink eight glasses of water before, during and after any sessions with the frequency instrument. The purpose is to flush the body system and organs of toxins, poisons and "**die-off**" debris. Do not allow toxins and poisons to back up in your liver, kidneys and other vital organs of your body. The more chronic the body, the more vital drinking good water becomes. We cannot over-emphasize the importance of drinking good quality water for vital health and wellness. The best drinking water is filtered through a solid charcoal filter and is slightly alkaline. Longevity of life is associated with the regular consumption of water high in minerals. Water that has been treated by distillation (distilled) or the reverse osmosis (RO) process is **not** considered the best because vital minerals have been removed. Solid charcoal filtration of tap water will create slightly alkaline water (7.5 pH) which will create healthy effects in the body.

If distilled reverse osmosis (RO) water is consumed, be certain to put quality trace and other minerals back into the body. When consuming supplemental minerals, consideration should be given to the smaller ionic/angstrom size minerals as found in natural fruits and vegetables (organic preferable), because they can easily pass through the cellular membranes. Larger size minerals (colloidal and larger) will stop at the cellular level and block other nutrient access.

Distilled water (and RO water without charcoal filtration) should **not** be consumed for any extended period of time, since a decrease of required minerals will be observed. Distilled water particularly should **not** be consumed for more than **two weeks at a time**. Due to its greater ability to draw out and carry toxins, poisons and "**die-off**" debris from the body, distilled water should only be used as a part of a detoxification program.

See your distributor for more information on water purification instruments.

Major Detoxification and Cleansing Program
Success Begins Here

**FIRST CLEANSE. THEN DETOX THE BODY AND ELIMINATE
PARASITES, AND THEN REGENERATE FOR WELLNESS**

For anyone attempting to overcome chronic conditions, the following program is provided. This program is extensive, and is recommended for anyone at any time. Please keep in mind that it has taken a long period of time for chronic conditions to appear in your body and patient perseverance is required for a return to good health.

Time is required to complete this program and is intended for anyone who seeks the greatest benefits from frequency usage. Once cleaned and detoxified, and having strong lymphatic and immune systems, the body, free of parasites and provided with good nutrients, should then begin the healing process mostly on its own. Frequencies support normal structure and function – the body heals itself.

Please see the **DRINK GOOD WATER** article in this manual. Also see the definition of the **Broadcast Mode** at the end of this program.

1. CLEANSING

A. Body Cleansing: Use Auto Code #574. Each frequency should be run/Performed for seven (7) minutes each. This Sequence may be run/Performed for 20 days or more, and then may be performed periodically. However, after beginning it is recommended that you skip the second day, and begin the third day in order to allow body toxin elimination. See "broadcast mode" for body cleansing above.

(Using "Crystal Generator" suggested ten (10) min. each frequency).

(PRESS: "7", PRESS: "AUTO", PRESS: "574", PRESS: "RUN")

NOTE: It is considered most beneficial if this Body Cleanse sequence were run every day of a person's life. Broadcast Mode is suggest as means of frequency delivery, even while a person(s) is/are sleeping. Male and female organ regeneration and lower body cleanse are the

main benefits. Suggest continual use of the Kidney and Liver Cleanse programs also for slow reduction of uric and lactic acid in the body.

B. Lymph Stasis: Use **Auto Code #575** Each frequency should be run/Performed for a period of four (4) minutes each. This custom sequence should be run/Performed every third (3rd) day until 10 sessions are completed. For chronic conditions, run/perform this Sequence every third (3rd) day for 20 sessions. It is very important to cleanse the body's lymph system initially, and not to overload the liver and kidney with toxins.

(PRESS: "4", PRESS: "AUTO", PRESS: "575", PRESS: "RUN")

C. Auto-Immunity: Use **Auto Code #576**. Each frequency should be run/Performed for a period of three (3) minutes each. This custom sequence should be run/Performed every day for a 30-day period. The purpose of this custom sequence is to strengthen the immune system.

(PRESS: "AUTO", PRESS: "576", PRESS: "RUN")

D. Liver Cleanse: Use **Auto Code #577**. Each frequency should be run/Performed for a period of eight (8) minutes each. It is suggested that this custom sequence be performed every other day for 15 sessions.

(PRESS: "8", PRESS: "AUTO", PRESS: "577", PRESS: "RUN")

E. Kidney Cleanse: Use **Auto Code #578**. Each frequency should be run/Performed for a period of four (4) minutes each. It is suggested that this custom sequence be performed every other day for 15 sessions.

(PRESS: "4", PRESS: "AUTO", PRESS: "578", PRESS: "RUN")

Note: The above referenced cleansing sequences may be performed consecutively on the same day. One to four of the above sequences, or any other sequences may be performed on the same day, depending on the comfort level of an individual. If desired, start with one sequence and build up to four sequences by the fourth day. For severe or chronic conditions, one or two sequences per day may be preferable.

Note: When doing the next phase for Detoxification and Parasite Removal: it is suggested that the metal plates/pads be used and be placed on each

side (right and left) of the intestinal area and held in place by a non-conducting belt, Velcro band, ace bandage or with the hands.

2. DETOXIFICATION

A. Liver Balance: Use **Auto Code #579**. Each frequency should be run/Performed for a period of eight (8) minutes. It is suggested that this custom sequence be performed every other day for 15 sessions.

(PRESS: "8", PRESS: "AUTO", PRESS: "579", PRESS: "RUN")

B. Kidney Balance: Use **Auto Code #580**. Each frequency should be run/Performed for a period of three (3) minutes. It is suggested that this custom sequence be performed every other day for 15 sessions.

(PRESS: "AUTO", PRESS: "580", PRESS: "RUN")

C. Parasite Cleanse: Use **Auto Code #581**. Each frequency should be run/Performed for a period of three (3) minutes. It is suggested that this custom sequence be performed every fourth (4th) day for 15 sessions.

(PRESS: "AUTO", PRESS: "581", PRESS: "RUN")

D. Kidney Fluke Cleanse: Use **Auto Code #582**. Each frequency should be run/Performed for a period of five (5) minutes. Suggest this custom sequence be performed every other day for 12 sessions.

(PRESS: "5", PRESS: "AUTO", PRESS: "582", PRESS: "RUN")

E. Intestinal / Liver Fluke Cleanse: Use **Auto Code #583**. Each frequency should be run/Performed for a period of five (5) minutes. Suggest this custom sequence be performed every other day for 12 sessions.

(PRESS: "5", PRESS: "AUTO", PRESS: "583", PRESS: "RUN")

NOTE: The cleanse of liver and intestinal flukes is a necessity since these flukes can be carriers of cancer through the body. The same applies to the pancreatic fluke, which may be a precursor to or cause of diabetes.

F. Pancreatic Fluke: Use Auto Code #584. Each frequency should be run/Performed for a period of five (5) minutes. It is suggested that this custom sequence be performed every other day for 12 sessions..

(PRESS: "5", PRESS: "AUTO", PRESS: "584", PRESS: "RUN")

3. TYPICAL CHRONIC CONDITIONS PROGRAM

It is best to use **Body, Liver and Kidney Cleansing and other Detoxification** programs periodically when faced with chronic conditions. Assuming that cancer is the investigative focus, the best results are reported after having run/Performed the lymph stasis, auto immunity, liver and kidney cleanse, parasite cleanse and detoxification programs as listed above.

Session 1: Cancer: Use Auto Code #585 for cancer. Each frequency should be run/Performed for a period of three (3) minutes. It is suggested that this custom sequence be performed every other day for a 12-day period. When this sequence has been completed for the 12-day period, it is suggested that a 2-day pause be made, and then performed every other day for a 10-day period. Pause for another 2-day period. Then perform the sequence every other day for another 10-day period.

(PRESS: "AUTO", PRESS: "585", PRESS: "RUN")

During the off-day, perform the custom sequence for **LIVER AND KIDNEY Cleansing**, found in paragraphs D and E above. This LIVER and KIDNEY cleansing program above may be run/Performed on a daily basis along with any other programs.

Session 2: Depression from cancer; example of a typical chronic condition program: Use Auto Code #586. Each frequency should be run/Performed for a period of five (5) minutes. It is suggested that this custom sequence be performed every third (3rd) day for 20 sessions.

(PRESS: "5", PRESS: "AUTO", PRESS: "586", PRESS: "RUN")

Session 3: Pain of Cancer: Use Auto Code #587, which includes the frequencies **3, 7, 8, 20, 27, 40, and 58**. Each frequency should be run/Performed for a period of three (3) minutes. It is suggested that this custom sequence be performed every third (3rd) day for 20 sessions.

(PRESS: "AUTO", PRESS: "587", PRESS: "RUN")

4. DETOXIFICATION BATH: This bath is considered most beneficial for any detoxification and body cleanse program. Daily full bath: use 2 cups Epson Salt (or Sea Salt) and 2 cups Hydrogen Peroxide (3% solution). For foot bath: use ¼ cup Epson Salt (or Sea Salt) and ¼ cup Hydrogen Peroxide. Water temperature should be as hot as one can comfortably bathe in. Length of time: 20 minutes. This detoxification program will help draw toxins out through the skin or dermal layers.

Alternative Bath: Use: 1 ounces of "Miracle II" soap and 2 ounces of "Miracle II" neutralizer. Tel: 919-284-6002 - Use ID #4996 or Other Distributor ID number.

ALS (Lou Gerhigs Disease): Reported that a 30 minute daily bath using 2 cups Epson Salt may provide quick results in drawing out heavy metals from the body, a significant cause of ALS (consequently assisting to clear this condition). Suggested to try this for Lyme and other Auto Immune conditions.

NOTE: Joint Pain and Joint Conditions: Often uric acid creates these conditions. Gout, along with certain arthritis frequencies may prove most beneficial. Use Auto Code #156 and #298. Also use Body, Liver, Kidney Cleanse and Detoxification programs consistently.

CLUSTERED WATER: Suggested to make your own "Clustered Water" using Auto Sequence #647. Best to use glass containers. The Stainless Steel Cylinders/Crystal Generators may be placed near the water and have the intensity knob at full volume (1/4 volume for Crystal Generators). Suggested adding a quartz or other selected crystal in the water for increase of sympathetic resonance in the water.

Auto Number	Condition	General Information	Total Minutes
			Per Session
574	Body Cleanse x 10 Min.	Using Crystal Generators Suggest use Broadcast Mode	50
574	Body Cleanse x 7 Min.	Using Steel Cylinders Suggest use Broadcast Mode	35
575	Lymph Stasis x 4 Min.	Run every 3 rd Day For 10 sessions	32
576	Auto Immune x 3 Min.	Run every Day For 30 sessions	30
577	Liver Cleanse x 8 Min.	Run every other Day For 15 sessions	88
578	Kidney Cleanse x 4 Min.	Run every other Day For 15 sessions	52
579	Liver Balance x 8 Min.	Run every other Day For 15 sessions	56
580	Kidney Balance x 3 Min.	Run every other Day For 15 sessions	69
581	Parasite Cleanse x 3 Min.	Run every 4 th Day For 12 sessions	24
582	Kidney Fluke x 5 Min.	Run every other Day For 12 sessions	30
583	Liver/Intestinal/Fluke x 5 Min.	Run every other Day For 12 Sessions	35
584	Pancreatic Fluke x 5 Min.	Run every other Day For 12 Sessions	30
585	Cancer x 3 Min.	Run every other Day Pause on 10 th or 12 th Day	48
586	Depression from Cancer X 5 Min.	Run every 3 rd Day For 20 Sessions	30
587	Pain of Cancer X 3 Min.	Run every 3 rd Day For 20 Sessions	21

DAILY BODY CLEANSING SCHEDULE*

	Body Cleansing	Lymph Stasis	Auto Immune	Liver Cleanse	Kidney Cleanse
Day 1	574	575	576	577	
Day 2	574		576		578
Day 3	574		576	577	
Day 4	574	575	576		578
Day 5	574		576	577	
Day 6	574		576		578
Day 7	574	575	576	577	

Week 2	Body Cleansing	Lymph Stasis	Auto Immune	Liver Cleanse	Kidney Cleanse
Day 8	574		576		578
Day 9	574		576	577	
Day 10	574	575	576		578
Day 11	574		576	577	
Day 12	574		576		578
Day 13	574	575	576	577	
Day 14	574		576		578

Week 3	Body Cleansing	Lymph Stasis	Auto Immune	Liver Cleanse	Kidney Cleanse
Day 15	574		576	577	
Day 16	574	575	576		578
Day 17	574		576	577	
Day 18	574		576		578
Day 19	574	575	576	577	
Day 20	574		576		578
Day 21	574		576	577	

Week 4	Body Cleansing	Lymph Stasis	Auto Immune	Liver Cleanse	Kidney Cleanse
Day 22	574	575	576		578
Day 23	574		576	577	
Day 24	574		576		578
Day 25	574	575	576	577	
Day 26	574		576		578
Day 27	574		576	577	
Day 28	574	575	576		578

*NOTE: PLEASE REFER BACK TO PAGE 42 FOR COMPLETE DETAILED INSTRUCTIONS

DAILY BODY DETOXIFICATION SCHEDULE*

Week 1	Liver Balance	Kidney	Parasite Cleanse	Kidney Fluke	Intestinal / Liver Fluke	Pancreatic Fluke	Cancer	Cancer Pain	Liver Cleanse	Kidney Cleanse
Day 1	579		581		583	584	585			
Day 2		580		582				586		
Day 3	579				583	584	585			
Day 4		580		582						
Day 5	579		581		583	584	585	586		
Day 6		580		582						
Day 7	579				583	584	585			

Week 2	Liver Balance	Kidney	Parasite Cleanse	Kidney Fluke	Intestinal / Liver Fluke	Pancreatic Fluke	Cancer	Cancer Pain	Liver Cleanse	Kidney Cleanse
Day 8	580		582					586	587	
Day 9	579		581		583	584	585			
Day 10		580		582						
Day 11	579				583	584	585	586	587	
Day 12		580		582						
Day 13	579		581		583	584			577	578
Day 14		580		582				586	587	

* NOTE: PLEASE REFER BACK TO PAGE 44 FOR COMPLETE DETAILED INSTRUCTIONS

Week 3	Liver Balance	Kidney X	Parasite Cleanse	Kidney Fluke	Intestinal / Liver Fluke	Pancreatic Fluke	Cancer	Cancer Depression	Cancer Pain	Liver Cleanse	Kidney Cleanse
Day 15	579				583	584					
Day 16		580		582			585				
Day 17	579		581		583	584			586	587	
Day 18		580		582			585				
Day 19	579				583	584					
Day 20		580		582			585		586	587	
Day 21	579		581		583	584					

Week 4	Liver Balance	Kidney Parasite Cleanse	Kidney Fluke	Intestinal / Liver Fluke	Pancreatic Fluke	Cancer	Cancer Depression	Cancer Pain	Liver Cleanse	Kidney Cleanse
Day 22		580		582			585			
Day 23	579				583	584			586	587
Day 24		580		582			585			
Day 25	579		581						577	578
Day 26		580							586	587
Day 27	579							585		
Day 28		580								

At the end of this schedule, just follow the sequence until you complete a 60 day period!
NOT INTENDED TO TREAT DISEASE

HEALTH, WELLNESS & REJUVENATION

GENERAL: FOR HEALTH, WELLNESS & REJUVENATION

When not running any specific program for a particular condition there are programs below that are considered practical and beneficial for research. Using these programs in the "Broadcast Mode" is suggested. These programs may be run for extended hours while in the "Broadcast Mode," and best used with the frequency instrument placed in a central location while carrying on with normal activities. May be run at night even while sleeping. Best results are reported using the "Crystal Generators."

A. Health, Wellness and Rejuvenation: Use Auto Code #646.

Press: 15/45, AUTO, 646, RUN. Suggested run time from 15 to 45 minutes per frequency (30 x Channel #322). This program runs the Earth resonant frequency and light color frequencies that are considered physically, mentally, and emotionally beneficial.

B. General Health and Wellness: Use Auto Code #647

Press: 15/99, AUTO, 647, RUN. Suggested run time from 15 to 99 minutes per Channel (30 Channel numbers). This program runs a "companion" Earth resonant frequency of 21 Hertz. When run with the "Crystal Generators" is believed to effectively neutralize (within a 21 foot radius of the electrodes) the harmful effects of stray radiation from Electro-Magnetic Fields (i.e., household wiring, appliances, TV, computers, microwave ovens). It also reduces or eliminates harmful geopathic radiation that rises above ground level placing stress upon the body.

These EMF radiations are believed to be a major cause of body stresses, immune system deficiencies, ADD, sleep deprivation and various physical, mental and emotional disruptions and disorders. Lyme disease sufferers are particularly sensitive and stressed from electro-magnetic energies.

Deep, Very Sound and Healthy Refreshing Sleep: Run this Auto Code #647 while sleeping, using the Crystal Generators in Broadcast Mode.

C. Chakras or Body Energy Centers: Customize a Sequence using single Channel Numbers **284 through 290**. See back cover this Manual "Easy Reference" to Customize this program. Suggest running 14 minutes 3 times a day for 7 days. **Press:** 14, AUTO, (Custom Sequence #), RUN.

D. DNA Healing and Cellular Rejuvenation: Use with Crystal Generators. Use single Channel Number **222**. **Press:** 4, SELECT, 222, RUN. Run 4 minutes 1 time every 3rd day for 40 sessions. Use calendar to check off times run.

E. Hypothalamus Cleanse: Use with Crystal Generators. Use Single Channel #367. **Press:** 12, SELECT, 367, RUN. Best to be run at bed time. Run 12 minutes a day every 2nd day for 6 sessions.

F. Pineal Gland (Third Eye Center) and Cortex (Right & Left Lobes) Rejuvenation: Use with Crystal Generators. Single Channel #444. **Press:** 10, SELECT, 444, RUN. Run 10 minutes every day for 40 days. Use calendar to check off times run.

G. Lungs, Cleanse and Rejuvenation: Auto Code #374.
Press: 5, AUTO, 374, RUN. Time 75 minutes. Run 5 minutes for 4 days and then stop for 3 days. Repeat 4 sessions (1 month), or until there is great improvement. Use with Crystal Generators.

H. Prostate Rejuvenation: Use with Crystal Generators. **Press:** 12, Select, 435, RUN. Time 12 minutes x Channel #435. Run every other day for 15 sessions.

I. Eye Improvement: Use with Crystal Generators. Customize a Sequence using single Channel Numbers **54, 379, 211, 212, 379, 141, 10 141, 379, 212, 211, 379, 54**. See back cover this Manual "Easy Reference" to Customize this program. Suggest running 4 minutes per Channel. **Press:** 4, AUTO, (Custom Sequence #), RUN. Run every day for 25 days.

J. Blood: Cleanse and Restoration

This Program may be run for feedback and support for:

***Blood: Cleanse & Restoration, Bone Marrow, Leukemia, Cancers, Degenerative Diseases, Hair Restoration, Memory, General Health & Wellness and Anti-Aging purposes. Results may vary.**

Crystal Generators in BROADCAST MODE is preferred. Intensity knob is set in the 11 to 12 O'clock position. Metal Cylinders can be used in BROADCAST MODE with the Intensity knob set in the full 5 O'clock position.

Use Single Channel Numbers: 322 – 454 – 455

To Customize: **Press: SEQUENCE, (Select Seq. No. 1 to 99), SELECT.**
Press: 322, SELECT, **Press: 454, SELECT, Press: 455,**
SEQUENCE

To Run: Press: (Selected Run Time), **AUTO**, (Selected Seq. No. 1 to 99), **RUN**

RUN TIME (Min. per Channel): Day 1 x 3 Min. – Day 2 x 10 Min. – Day 3 x 25 Min.
– Days 4 & 5 x 35 Min. – Day 6 x 25 Min. – Day 7 x Pause (0 Min.) – Days 8 & 9 x 25 Min.
– Day 10 x 35 Min. – Days 11 & 12 x 25 Min. – Day 13 x 20 – Day 14 x Pause 7 Days (0 Min.) – Day 21 Repeat first 10 day schedule – Day 30 end.

K. Cellular: Cleanse and Restoration (includes Blood Cells)*

For Cellular: Cleanse and Restoration use Single Channel #161. May be used with Crystal Generators in Broadcast Mode. Use when not running other specific programs -- during day or night. May run using 99 minutes run time, or set up in a Custom Sequence with repeated Channel #161 entries so a longer run time may be obtained.

*These programs are new and considered promising for general Health, Wellness and conditions as listed. Reporting of results is appreciated.

GENERAL HEALTH - RUN TIME

Auto Number	Condition	General Information	Total Minutes
			Per Session
646	Wellness & Rejuvenation	Suggest 15 to 45 Min. per specific programs	7 to 22 Hrs.
	Use when not using other	Suggest use Broadcast Mode	
647	General Health & Wellness	Suggest up to 99 Min.	Up to 2 days
	Best Crystal Generators	Suggest use Broadcast Mode	
	Use when not using other	specific programs	
	DNA Healing	Run 1 time every 3 rd Day	4 Min.
	Use Channel #222 x 4 Min.	For 40 sessions	
	Hypothalamus Cleanse	Run every other Day	12 Min.
	Use Channel #367 x 12 Min.	For 6 sessions	
	Use Crystal Generators		
	Pineal Gland	Run 10 min. for 40 days	10 Min.
	Use Channel #444 x 10 Min.		
	Use Crystal Generators		
	Lungs, Cleanse & Rejuvenate	Run Auto #374 x 5 Min.	75 Min.
	Best Crystal Generators	4 days on & 3 days off	
	Prostate Rejuvenation	Use Channel #435 x 12 Min.	12 Min.
	Best Crystal Generators	every 2 nd Day for 15 sessions	
	Eye Improvement	Custom Sequence x 4 Min.	52 Min.
/	Near & Far Sightedness	(See previous page)	
	Cataracts & Glaucoma	Run every Day for 25 Days	
	Use Crystal Generators	or more if necessary	
	Use in Broadcast Mode		
	Bood: Cleanse & Restore	Custom Sequence x (Sel. Min)	9 to 105 Min.

PERSONAL RECORD

GENERAL MAINTENANCE

Maintenance for long term Health and Wellness: After completing the longer Cleanse, Detoxification and Parasite programs it is beneficial to do general periodic body maintenance. Below are suggested maintenance programs.

Detoxification: Every 60 to 90 days it is suggested to run as a general Detoxification:

Auto Code #237 – **Press: 5 AUTO 237 RUN.** Complete 10 Sessions

Body Cleanse: On a daily basis it is beneficial to run the Body Cleanse program:

Auto Code #574 - Times 7 minutes when using the Metal Cylinders, or 10 minutes when using the Crystal Generators (best).

Press: 10 AUTO 574 RUN

Run in Broadcast Mode, and run when time is convenient, even while sleeping.

NOTE: It is very beneficial to run the **Candida and Chlamydia programs** following the general Body Cleanse, Detox and Parasite schedules. Pharmaceutical drugs and vaccinations will destroy good and necessary beneficial flora in the intestinal system. These pharmaceuticals will not eliminate or destroy Candida or Chlamydia which are normally kept in check by good intestinal flora in a well balanced intestinal system. When resulting pharmaceutical induced imbalance takes place these two malfactors often spreads throughout different body systems and create havoc, thus allowing for many pathogenic influences to take hold. Examples of this is arthritic conditions, bladder, tooth and gum infections, frozen shoulder, etc. Suggest running the following:

Candida #613 – **Press: 5 AUTO 613 RUN.** Run for 5 days then stop for 1 day. Repeat on day 7. Complete 5 Sessions.

Chlamydia #650 - **Press: 6 AUTO 650 RUN.** Run for 5 days, then stop for 1 day. Repeat on day 7. Complete 5 Sessions.

NOT INTENDED TO TREAT DISEASE

BROADCAST MODE

There is another method of applying the listed feedback frequencies to the body other than the Direct Method which has been presented up to this point. From an Engineering viewpoint, the viability of the Broadcast Mode's ability to transmit the frequencies into the human body is not fully understood. However numerous users have reported good successes when using the Broadcast Mode. Using the same frequencies, this method is suggested for pets or animals. It is recommended that first time users use the Direct Method only, and then feel free to alternate modes as good results are experienced. For the "Body Cleanse" program, try using the Broadcast Mode from the beginning.

The Direct Mode uses direct contact of the stainless steel cylinders and plates, or the "Crystal Generators," with the hands, the feet, or other parts of the body.

The Broadcast Mode uses indirect contact with use of the stainless steel cylinders or "Crystal Generators." These hand held electrodes are placed and separated 2 or 3 feet apart (or more) on a nearby table, or near a bed (may be used even while a person is sleeping). When using the **stainless steel cylinders in broadcast mode turn the Intensity Control up to the Maximum level.** When using the **Crystal Generators,** in direct contact set the intensity knob in the 10 O'clock position, and with the Broadcast Mode **best results will be obtained by setting the intensity at the 50% output level or "12 O'clock position" on the dial.** The most effective range is having the metal cylinders or Crystal Generators placed within 12 feet of the user. Placement on one side of the body only is sufficient.

While using the broadcast mode, the user does not come in contact with the cylinder electrodes. For weight challenged people the direct contact method is recommended. The primary exception applies to the body cleanse program, which may be used on a daily for gradual weight loss. **It is suggested to add 3 to 4 minutes to frequency running time when running a regular program in the broadcast mode.**

IMPORTANT: Periodic Instrument Check-up. Check for sensation of feeling or intensity coming from instrument periodically (once a month or every two weeks) when running your instrument in 'broadcast mode' or when using Crystal Generators. Use the stainless steel cylinders when checking for sensation. No sensation will be felt while using the Crystal Generators.

BEST USE – CYLINDERS VS. CRYSTAL GENERATORS

Direct Contact Mode vs. Broadcast Mode -- Cylinders vs. Crystal Generators.

When is it best to use the Stainless Steel Cylinders vs. the Crystal Generators?

1. For quick support when concerned about pathogens and parasites the general rule is to begin with the Stainless Steel Cylinder electrodes.
2. For long term Health and Wellness it is best to use the Crystal Generators.

Example: For Flu (viral) or Common Cold (bacterial) support, begin by using the Cylinder electrode during the first 1 or 2 sessions. Best used in “Direct Contact Mode” then alternate with the Crystal Generators. Run every 2 hours for best results. After initial use in Direct Contact Mode it should be okay to use in “Broadcast Mode.”

Example: For the Body Cleanse and other Cleanse Programs it is suggested to use the Crystal Generators. Use in the “Broadcast Mode.”

Example: For the Detoxification Programs (Liver and Kidney) it is best to initially use the Cylinder electrodes in “Contact Mode” for initial 3 sessions. Following session may be done in the Broadcast Mode.

Example: For Parasite and Fluke Cleanse programs it is recommended to use the Sleeves with Plates placed side to side along the intestinal and liver areas. This placement is best for the first 6 sessions. Following sessions may be with the Foot Plates, or hand Cylinder electrodes in Direct Contact Mode.

Example: For general Health and Wellness programs such as Auto Codes #646 and #647 it is recommended to use the Crystal Generators and run them in the Broadcast Mode. When not running programs for specific conditions it is suggested to alternate running these 2 above programs.

CRYSTAL GENERATORS



Welcome to an exciting new complement to frequency technology. Crystal Generators are designed to support the regeneration of cells in the human body. Specific "blueprint" frequencies are modulated for health and wellness. Your frequency instrument and its frequencies deliver the necessary "carrier waves" to input an array of wellness frequencies to the DNA, cellular structures and cellular systems of your body.

Selected crystals have specific modulating characteristics that deliver "blueprint" frequencies to the cellular systems of the body. Added are specific minerals, in solution, for their electrolytic frequency enhancement and conduction capacities.

Pre-selected "carrier waves" from the frequency instrument are introduced into the Crystal Generator in order to stimulate each crystal to oscillate/ vibrate at its signature or "blueprint" frequency. These "carrier wave" frequencies entering the Crystal Generator are then refracted into a multitude of wellness frequencies, and are presented to the body for cellular regeneration. **Crystals are selected for the Generator because of their specific "blueprint" frequencies so they will match the body's at birth cellular "blueprint frequency" with the intent to re-awaken original "at birth" cellular memory.** Beginning at this cellular level, the intent is to expand health and wellness throughout the entire body.

What is the Scientific Basis for this?

Rub the flat surfaces of two crystals together in the dark, and you will likely observe a “sparking effect” within the crystals. This is caused by “piezoelectric energy,” the same energy given off by the crystals within the Crystal Generator. The piezoelectric effect is the displacement of ionic charges within a crystal lattice structure. When the lattice structure is subjected to pressure, abrasion or stress, ionic charges are activated and energy as light can be observed. Mild stimulation of the lattice structure creates an oscillation/vibration which is then conducted to the human cellular/DNA system.

The charge distribution within the crystal is symmetric and the net electrical potential is zero. A stimulated crystal delivers no electrical charge, but now delivers a sound wave compatible with the wellness needs of the cells. There is no electric or magnetic (electromagnetic) field associated with sound or ultrasound oscillations/ vibrations or waves. This delivery system allows all cells to receive a direct oscillation/vibration that sets up the conditions for cellular frequency resonance. Sound as a healing modality restructures the synergistic framework “blueprint” for cellular and organ resonance. This restructuring creates an orchestration of attunement among all cells of a system (organ, skeletal, nerve, muscular, etc.)

A crystal is a natural piezoelectric oscillator. Electromagnetic frequencies from the frequency instrument introduced into the Crystal Generator stimulate the crystals to oscillate/vibrate. This oscillation converts the Crystal Generator introduced frequency signal into a suitable sound range and provides the means for cells to resonate at “blueprint” frequency.



The body's internal wisdom's normal response is toward health and healing when provided the appropriate means by frequency feedback. It knows how to heal itself and this introduced healing regenerative sound serves both as a frequency regulator (pacemaker) providing a cellular reminder of the original at birth (blueprint) frequency response.

The frequency instrument delivery system is complimented by the regenerative wellness frequencies produced by the Crystal Generator. Together these modalities are intended to provide a preventive means to keep the body in balance before sickness or chronic conditions take hold. If already in a sickened, diseased or chronic condition these frequencies can provide the body with the capability to bring itself back to optimum health, wellness and vitality.

How? The cellular DNA, structures and systems of the body are crystalline in nature (this is why minerals are so essential for cellular support) and are able to respond accordingly via piezoelectric energy oscillations from the Crystal Generator. The results are similar to the "tuning fork" effect with 2 separate "forks" in a room. One is struck, creating an oscillation which is then transferred to the other at the same identical "tone" or oscillation/vibration.

An example of what often takes place in the body – pancreas.

At birth the pancreas has a subtle energy of 7.2 thousand ("blueprint") frequency. But, due to mental, emotional or physical trauma, or chemical toxins (internal or external, including synthetic cosmetics and pharmaceutical drugs), the 7.2 thousand drops to 4.2 thousand which just happens to be the liveable threshold frequency for pathogens, i.e. viral, bacterial, fungal, mycoplasma, parasites, etc. These pathogens now feel welcome and take up residence in this organ. This is the onset of diabetes (pancreas), sickness, and disease.

By bringing the pancreas subtle energy frequency above the 4.2 thousand frequency pathogens begin to feel unwelcome, uncomfortable and are saying, "I am out of here." Thus, the pancreas and the body become capable for a return to health and wellness. This return to "blueprint" frequency is the intent and purpose of the Crystal Generator for true whole body wellness.

Standard with your frequency instrument are the hand held stainless steel electrodes, which deliver electromagnetic and other subtle energy to the body via audio/sound frequencies or oscillations. We find that these stainless steel cylinders we are most effective with microbial and parasitic die-off. For the long term the most beneficial and effective results will be found by primarily using the Crystal Generator electrodes. The Crystal Generator is intended to provide better overall immune building and wellness than the steel cylinders. The Crystal Generators, it is reported, will provide an overall increase of 200% greater immune

building, and a 300 to 400% health and wellness boost beyond the capabilities of the steel electrodes. The Crystal Generators are designed to be used in all aspects, as the steel cylinders. They may effectively be applied in either the "direct" or the "Broadcast Mode."

Typical investigative and research usage may be as follows:

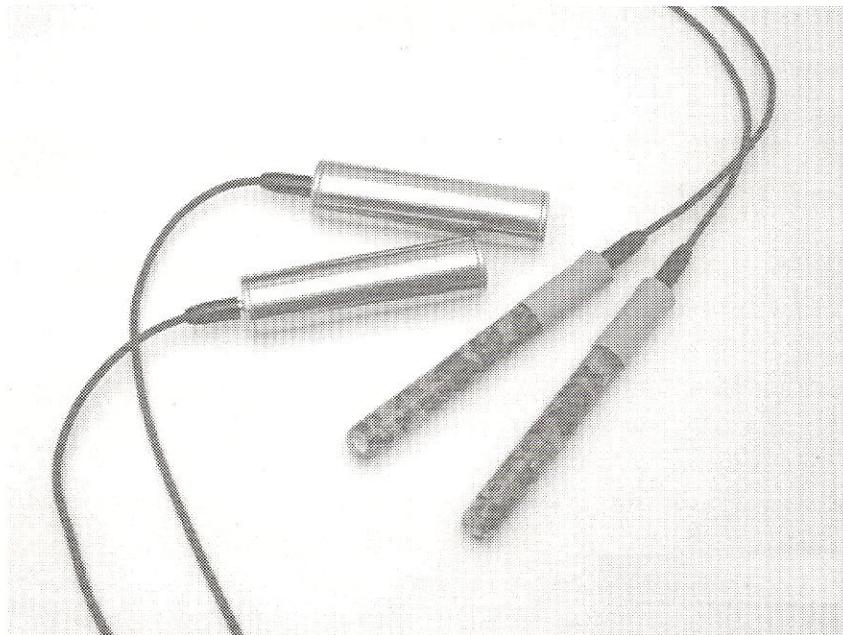
Flu: Run session 1 at 5 minutes per frequency, using the Stainless Steel Cylinders, followed 2 hours later with the Crystal Generator, and 2 hours later, using the same Crystal Generators. If necessary, repeat this same cycle every 2 hours. **Use at 25% intensity output for best results.**

Note: For feedback when concerned about colds or flu sessions every 2 hours have proved most beneficial; other conditions may necessitate sessions only once a day for best results.

Note: Due to the piezoelectric energy delivery there will be NO energy sensation felt when holding the Crystal Generators (unlike the sensation from the steel cylinders).

Handle the Crystal Generators with care. They are made of Pyrex glass and require cautions when handling.

TO ORDER: Contact your distributor!



It does no harm to run your frequency instrument all the time. When not running a program for specific condition it is considered beneficial to run "wellness" programs. Use in the "Broadcast Mode."

IMPORTANT NOTICE

Please remember that the time to see results varies widely with the condition. Not intended to treat disease: the body heals itself.

In ACUTE conditions, results may be noticeable in 10 to 12 days, providing the frequencies selected are supportive in that condition.

Acute conditions include headache, fever, carpal tunnel syndrome, infections, etc.

However, it may take 1 to 3 months to see changes in a very advanced degenerative disease, such as certain cancers.

It may also take more time to see change in entrenched viral conditions, especially in the old and in the immune-compromised, because such viruses escape destruction until they reach certain stages.

Other symptoms may take much longer to resolve, particularly if there has been a virus or metabolic damage (as in cancer). Pain relief is a good indication that improvement is occurring.

In arthritis and other inflammatory conditions, pain and swelling may temporarily INCREASE for the first 3 or 4 sessions, unless instructions are carefully followed.

The immune system releases histamine and causes swelling of joints when too many viruses are released at the same time.

So, for arthritis, an increase in pain and swelling may be a sign that sessions should be reduced one minute per frequency.

This frequency feedback non medical device is sold for research, experimental, or investigative use only.

For legal reasons, we must state that this and all other material in this manual is intended as a guideline for your use in research and investigative experiments. **Results may vary!**

IMPORTANT: For best results drink good water while using your instrument. This cannot be over-emphasized. See the page on **DRINKING GOOD WATER**. Also see the pages for **Major Detoxification and Cleansing Program**.

ACCESSORY PRICE LIST

Current March 1, 2008

Prices subject to change without notice

CYLINDER ELECTRODES: (set of 2 - special alloy of stainless steel)	\$	21.50 pr
CABLES WITH BANANA PLUGS: (set of 2 for hand cylinders)	\$	16.50 pr
CLAMPS, ALIGATOR: (set of 2 for foil strips)	\$	14.50 pr
FOIL STRIPS: (set of 2 - special alloy of stainless steel)	\$	9.00 pr
TERRYCLOTH SLEEVES: (set of 2 for foil strips)	\$	9.00 pr
AC POWER SUPPLY:	\$	12.50
OPERATIONAL MANUAL:	\$	22.50
FREQUENCY RESEARCH MANUAL:	\$	22.50
CRYSTAL GENERATOR: (electrodes)	\$	150.00 pr
<i>Please add for shipping and handling: Shipping price may vary outside U.S.</i>	\$	7.00
<u>Total, including shipping and handling:</u>	\$	_____

Place order:

TECHNICAL SPECIFICATIONS

Dimensions	6 ½ in. (W) x 2 7/8 in. (H) x 5 in. (D)
Channels	99 programmable & 550 pre-programmed
Mode	Continuous
Max. Output current	33 mA
Max. Output voltage	52 V
Current input	250 mA DC
Pulse width	From 53 us to 40 ms max.
Pulse frequency	From 0.4 Hz to 20 kHz. Total of 550 freq.
DC component	Zero
Waveform	Normally biphasic square wave
Optional Power Sources:	a.) 9 to 12 Volt battery pack, b.) Auto cigarette lighter via plug/cord, c.) 9 V connect to Solar Panel, d.) Electrical outlet: 9 Volt A/C adapter to 110 to 250 V outlet
Power supply for Electrical Outlet	Ext. Isolation transformer 500 mA; primary 120 V AC 60 Hz (USA), 220-240 V AC 50 (Euro) Secondary 6 – 12 V DC
Intensity	Current increases by turning knob clockwise
Electrode size	Cylinders 4 ½ in. x 1 in; Plates 3 in. x 7 ¼ in. -100 mm x 25 OD - 75 mm x 170 mm x - 0.9 mm
Manufactured by:	Global Wellness International 2260 El Cajon Blvd., PMB #903 San Diego, CA 92104, U.S.A. Fax: 858-565-9708

THIS MANUAL IS FOR FREQUENCY
INSTRUMENT INVESTIGATION, RESEARCH AND
EXPERIMENTAL USE ONLY

RESULTS MAY VARY

Warning! Do not use this frequency instrument if you are wearing a pace maker (Crystal Generators in Broadcast Mode may be considered for use here), if you are pregnant or epileptic.

The contents of this informational manual are for investigation, research and experimental use only and are not intended to replace the advice of a licensed professional health care provider. No intent is made to diagnose, treat, cure or prevent any disease, disorder, pain, injury, deformity, or physical or mental condition.

These products have not been evaluated by the Food and Drug Administration.

EASY REFERENCE

To Begin: Press... RESET & wait for "READY"

To run/perform Channel **26** for **3 minutes**
(3 min. default is preset)

SELECT 26 RUN

To run/perform Channel **26** for **5 minutes** (custom time set)

5 SELECT 26 RUN

Create **Custom Sequence 24** using Channel **6, 8 & 49**
(Custom Sequences can be numbered 1 through 99. You may
use Channels 1 through 450)

SEQ 24 SELECT 6 SELECT 8 SELECT 49 SEQ

To run/perform **Custom Sequence 24** for **3 min.**
(3 minutes default is preset)

AUTO 24 RUN

To run/perform **Custom Sequence 24** for **5 min.**

5 AUTO 24 RUN

To run/perform Pre-Programmed Auto Sequence **128** for **3 min.**
(preset)

AUTO 128 RUN

To run/perform Pre-Programmed Auto Sequence **128** for **2 min.**

2 AUTO 128 RUN